

The Aikido Center of Los Angeles, 940 2nd St. #7, Los Angeles, CA 90012. Tel: (213) 687-3673. Website: www.aikidocenterla.com.



The Aikido Center of Los Angeles LLC  
道の為、世の為、人の為 合気道  
The Aiki Dojo

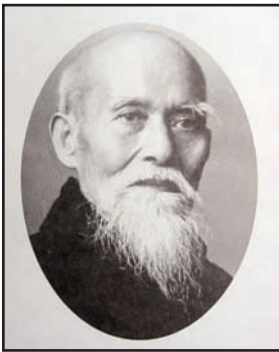
Direct Affiliation: The Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan  
International Aikido Kodokai, Rev. Kensho Furuya Foundation  
Los Angeles Sword & Swordsmanship Society Kenshinkai  
Nanka Yamanashi Kenjin Kai Southern California Yamanashi Prefectural Association  
Los Angeles Police Department Martial Artist Advisory Panel

\$5.25  
Donation

March 1, 2007

Volume XXVI. Number 3.

O'Sensei Memorial Service & Seminar  
April 14-15



Ueshiba Morihei O'Sensei  
The Founder of Aikido  
Meinichi, April 26, 1969



39th Annual  
Ueshiba Morihei  
O'Sensei  
Memorial Service  
April 14.

During the Seminar, we will conduct a *Tsuito Hoyo* Memorial Service for the Founder of Aikido, Ueshiba Morihei O'Sensei. This Memorial Service will also include a memorial to the late Mitsunari Kanai Sensei of Boston, MA., to be officiated by Rev. Shumyo Kojima of the Zenshuji Soto Mission. Everyone is welcome to offer incense on this occasion. Please help us to remember and commemorate O'Sensei together with us.

On this occasion, we will be honored to have Ms. Miho Erlich from Rehovot, Israel, to perform a traditional Indian dance in memory of O'Sensei.

If any of our guests would like to offer a few words in O'Sensei's honor and memory, please discuss this with Furuya Sensei.

**Honored Guests:**

**Hideo Yonemochi Shihan,**  
8th Dan, Aikikai Hombu Dojo,  
Executive Director of the Aikido  
World Headquarters, Director of the  
International Department of Aikikai  
Hombu Dojo, Tokyo, Japan.

**Yasumasa Itoh,** 6th Dan, Chief  
Instructor of the Tekko Juku Dojo,  
Boston, MA.

**Frank McGouirk,** 6th Dan, Chief  
Instructor of Aikido-Ai, Whittier, CA.

**James Nakayama,** 6th Dan, Chief  
Instructor of the Chushinkan Dojo,  
Buena Park, CA

**Kei Izawa,** 5th Dan, Chief Instructor of  
the Tanshinjuku Dojo, Boulder,  
Colorado.

**Welcome:**

We would like to welcome all of our good friends, old and new, to our dojo to come together to remember O'Sensei and his great gift of Aikido to us. We are greatly honored that Yonemochi Sensei is coming to join us on this special occasion.

We are looking forward to seeing all of you this April. Aikido Center of L.A.

**Lisa Tomoleoni,** 5th Dan, Chief  
Instructor of the Aikido Shimboku  
Dojo, Chicago, Illinois

**Ze'ev Erlich,** 5th Dan, Chief Instructor  
of the Israel Aikikan, Rehovot, Israel

**Juan Armando Alicea,** 3rd Dan,  
Chief Instructor of the Bushido Aikikai  
Puerto Rico, USA

(List is not complete.)

**Special Welcome:**

We have a special welcome for all Chief Instructors and Heads of Dojos. Please contact Furuya Sensei for details. Please email to [aclafuruya@earthlink.net](mailto:aclafuruya@earthlink.net)  
Many thanks, ACLA

### ACLA Host Instructors:

**Rev. Kensho Furuya**, 6th Dan,  
Chief Instructor & Director, Aikido  
Center of Los Angeles (ACLA).

**James Doi**, 5th Dan, ACLA Senior  
Instructor

**Gary Myers**, Iaido 5th Dan, Senior  
Instructor Iaido Kenshinkai Dept.

**David Ito**, 4th Dan, ACLA Senior  
Instructor

**Tom Williams**, 4th Dan, ACLA Senior  
Instructor, Chief Instructor, Hacienda  
La Puente Aikikai

**Mark Ty**, 3rd Dan, ACLA Senior  
Instructor, Senior Instructor, Iaido  
Kenshinkai Department.

**Santiago Garcia Almaraz**, 3rd Dan,  
ACLA Senior instructor, Chief  
Instructor, Salamanca Kodokai,  
Salamanca, Spain

**Norman Lew**, 3rd Dan, ACLA Senior  
Instructor

**Larry Armstrong**, 3rd Dan, ACLA  
Senior Instructor

**Maria Murakawa**, 3rd Dan, ACLA  
Senior Instructor

**Jim MacDonald**, 3rd Dan, ACLA  
Senior Instructor

**Steven Shaw**, 2nd Dan, ACLA Senior  
Instructor, Chief Instructor, Littleton  
Aikikai, Littleton, Colorado.

## Welcoming Guests To The Dojo:

An important part of our training and Reigi Saho is how to welcome guests to the Dojo. Please be friendly, warm and helpful to the m and make sure that they are comfortable. They may not know the decorum and rules of the Dojo so you must be very patient and understanding. In practice, it should never be a competition of strength or prestige. In all aspects, please be modest and humble



Yonemochi Sensei during Seminar last year.in L. A.

## Special Seminar Events:

At 11:00am on Saturday, April 14, we will conduct a Memorial Service for O'Sensei, including Mitsunari Kanai Sensei. This is a part of the Seminar and everyone is invited to offer a pinch of incense in their memories. After the Service, we will take a group photo.

On the evening of Saturday, April 14, we are planning a welcome party for Yonemochi Sensei and we are at present trying to find a venue which is appropriate but not so costly. For this event, we will ask a fee for cover the dinner costs. If we decide on a pot luck party in the dojo, there will be no fee. We are trying hard to keep all costs to a minimum.

## O'Sensei Memorial Seminar T-Shirts:



\$15.00 Donation. Medium, Large and X-Large sizes are available. Many, many thanks for your help to support the Seminar.

**April 14-15**

**Our Annual O'Sensei  
Memorial Service &  
Seminar**

**Hideo Yonemochi  
Shihan, 8th Dan,**

**Executive Director  
Aikikai World Foundation,  
Head of the Aikikai  
International Dept.**

**&**

**Many Guest Other  
Instructors**

**Everyone is welcome.**

**To RSVP your space,  
Please email to:  
aclafuruya@earthlink.net  
& send in your  
Seminar Fee  
at your earliest  
convenience.  
\$150.00/person.**

**After 04-05-07  
& At the door,  
\$185.00/person.**

**Please send in fees ASAP to  
reserve your space.**

**All monies go towards the costs of  
presenting this Seminar. This is a  
not-for-profit event and does not  
express any political bias, only the  
singular commitment to support  
3rd Doshu Moriteru Ueshiba Sensei  
& Aikikai Hombu Dojo. Many thanks  
for your friendship & generous sup-  
port of this event.**

**Aikido Center of Los Angeles  
Little Tokyo,  
Los Angeles, CA**

## Registering For The Memorial Seminar:

1. Email to advise of your participation.
2. Send in your Seminar Fees to confirm your space in the Seminar. We can only confirm your space with receipt of your Seminar Fees.
3. If you are from out of town, please make your hotel reservations as early as possible. The hotels are filling up very quickly and you need to insure that you have a place to stay.
4. The Seminar will start on time. Please come to the Dojo early enough to sign the waiver, change and be on the mats BEFORE the start of the Seminar.
5. If you have any questions or concerns, please ask now. We expect a lot of people participating so it will be hectic and quite busy.
6. Payment of the Seminar Fee will reserve your space. Payment after April 5 and at the door increases to \$185.00.
7. The Seminar will be open to the first 60 people attending which is about how many people can practice safely and comfortably.

## Seminar Hints:

1. Wear proper uniform. Appropriately, your name should show on your left shoulder sleeve. Sleeves and pants should be properly hemmed at proper length.
2. Bring two uniforms. Please bring your jo, bokken and tanto.
3. There are plenty of place to eat and enjoy one's self in Los Angeles. You may need to rent a car to get around.
4. If there are places you would like to see, please let us know beforehand.

## Jackie Chan:



Movie star and director, Jackie Chan, at the Dojo with Sensei during film shoot of Rush Hour III on February 10, 2007. Scene was shot at the entrance of the Dojo with Chris Tucker. This is Jackie's fourth visit to the



Dojo. Left: With Jackie Chan and Chris Tucker of the sci-fi classic, Fifth Element fame, which-starred Bruce Willis. Chris plays Jackie's detective partner in this crime-comedy series. Rush Hour I broke all box-office records when it debuted on the screen.

## Victory Is In Humility

### Jake Gularian, laido 2nd Dan

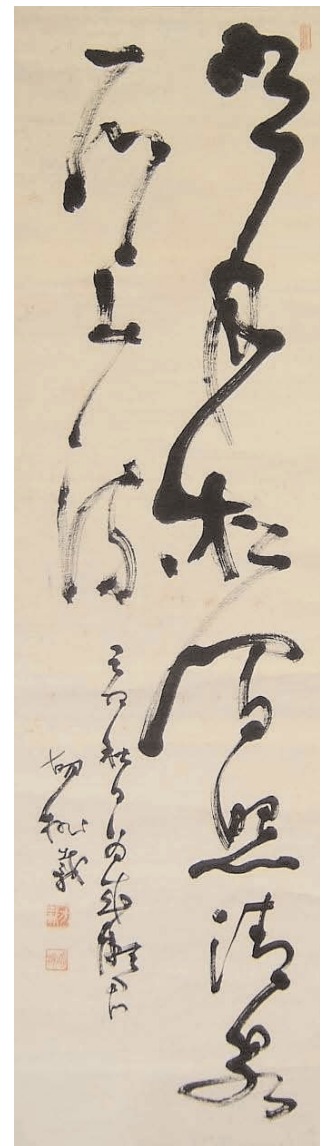
The goal is to win. Winning of course comes to those who are prepared and preparations include intensive training as well as the development of the appropriate mental state. The latter is the most difficult to comprehend, understand, feel and ultimately integrate with the physical training. One facet of the proper mental condition is to enter the struggle accepting loss. A kind of loss that transcends the self and the ego, thus propelling the warrior to see victory as the option through which is asserted the virtuosity and the integrity of the techniques. This state of mind allows for the techniques to breathe in unison and be the spirit that guides motion. Then the ego and its limited spatio-temporal presence is absorbed into the everlasting flow of the art's energies.

To put it succinctly, when the warrior becomes one with the technique and the matrix of its infinite permutations then the conscious self vanishes and the ego ceases to exist and victory comes to spirit of the art. Here the self is transcended into the vastness of the art and victory is merging of the self with the spirit. On the other hand consciousness and thinking bring defeat for it reduces the art to a narrow, limited and burdensome process. However none of the above can be achieved without a Master's guidance and teaching of these points. A master's teachings is the base and also the pinnacle of the pyramid of perfection in the martial arts. I have been lucky and I am grateful to have learned these and more from Furuya Sensei who has guided me through the dark and into the light of knowledge.

## Pasadena Cherry Blossom Festival:

Our Dojo Aikido & Iaido Demonstration & Iaido will take place on April 1st, 11:30am, in Little Tokyo on San Pedro St. between 2nd & 3rd, in front of the JACCC.

Everyone is welcome to attend.



Poem by Wang Wei, (701-761), sometimes called the Poet Buddha, was a Tang Dynasty Chinese poet, musician, painter and statesman. It says "A bright moon shines between the pines, the clear spring water glides over the rocks"



## Proper Wearing Of The Keiko Gi:

1. Uniform should always be clean and in good repair.
2. No decorations other than name on the left shoulder and/or dojo path.
3. Uniform is always white or natural light color. No other colors are permitted.
4. Sleeves should always be hemmed properly a few inches above the wrist.
5. Pants should be properly hemmed several inches above the ankle.
6. Is always white and must be tied in the proper square knot, positioned middle front.
7. Hakama should always be the proper length slightly above the ankle.
8. Hakama obi must be tied properly into a neat traditional knot.
9. Hakama color is either black or navy blue.
10. There are no exceptions.

## Personal Name Patches For Your Keiko Gi Uniform:

It is proper to have your name on the left shoulder of your uniform. Sensei will be ordering your personal name patch from Iwata Shokai in Japan. If you like, please see Sensei for your name in Japanese and ordering a patch. Your name patch will be written phonetically in Japanese in the "katakana" style. The patch will have to be neatly sewn onto your uniform by your tailor. Sensei will also look into patches in English.

These patches can be transferred from one uniform to the next. Please have your name on your uniform before the seminar in April, 2007.

## Local Hotels For Memorial Seminar

For those attending the O'Sensei Memorial Seminar in April, please book your hotel reservations as early as possible. There is a convention going on the same weekend as the Seminar so hotels are filling up fast. The New Otani and the Miyako Inn are completely booked solid. This listing has the most convenient and reasonable hotels in the area close by the Dojo. **Please book early!**

### **Days Inn** (4.0 miles from Dojo)

457 S. Mariposa Ave  
Mariposa & 5th St  
Los Angeles, CA 90020 US  
Phone: 213-380-6910  
800-329-7466  
Days Inn.com  
\$67.00 per night double occupancy booking at this time.  
\$51.00 per night single occupancy booking at this time.

### **Days Inn** (0.8 miles from Dojo)

711 North Main Street  
101 South, Exit Broadway  
Los Angeles, CA 90012 US  
Phone: 213-680-0200  
Days Inn.com  
800-329-7466  
\$95.00 per night double occupancy booking at this time. \$70.00 per night single occupancy booking at this time.

### **Quality Inn & Suites Downtown** (1.4 miles from Dojo)

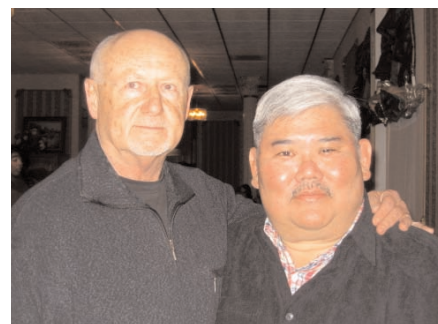
1901 W Olympic Blvd  
Los Angeles, CA 90006  
800-346-8357  
\$72.00 per night double occupancy booking at this time.  
Single occupancy is same price as double.

### **Comfort Inn LA-Universal** (2.6 miles from Dojo)

321 N Vermont Ave  
Los Angeles, CA 90004  
800-444-6835  
\$77.40 per night double occupancy booking at this time.  
Single occupancy is same price as double

### **Wilshire Plaza Hotel Los Angeles** (4.0 miles from Dojo)

3515 Wilshire Boulevard, LA., CA 90010  
(213) 381-7411  
\$148.40 per night double booking.



## Aikido Ai 20th Anniversary Celebration In Whittier:

Congratulations to Frank McGouirk Sensei and the Aikido Ai on their 25th Anniversary Celebration on February 10. Above: With special guest, Frank Doran Sensei of Redwood City Aikikai, who is an old, long time friend of Sensei's the Redwood City Aikikai, who is an old, long time friend of Sensei's. Frank Doran also celebrated his birthday on this occasion. Sensei attended the event with Mark Ty.

## Congratulations On The New Aikido Shimboku Dojo

**9115 Trinity Drive  
Lake in the Hills, IL 60156  
Chief Instructor: Lisa Tomoleoni, 5th Dan,**

### **Other Hotel Suggestions:**

There are many hotels available in the Chinatown and Korea Town areas near the dojo. Please go online for other hotels.

### **02-13-07: KODO:**

I should have written you years ago to tell you how much I have enjoyed reading and re-reading Kodo, Ancient Ways. I am a 60-year old martial arts student and even though I wear a Ni dan belt in Taïdo Karate, I always consider myself a beginner. . . .

Reading Kodo was like listening to the stories that my sensei tells in class and after classes. He is very traditional and has only the one school after 30 odd years. I feel that you and I have something else in common as my 20-year old son Jeff, who is a Taïdo Sho dan, currently attends USC as a sophomore in the Cinema program. I hope that when I'm visiting my son in the future, that I may visit also a fellow member of the Trojan Family, who reminds me so much of my own Sensei. Thank you for writing such an excellent book. Over the years, I have recommended it to the white and purple belt students that I assist in teaching.  
Tom La Penna, Suwanee, Ga.

## Affiliated Branch Dojos

**Aikido Kodokai**

Salamanca, Spain

Santiago Garcia Almaraz

**Hacienda La Puente Aikikai**

La Puente, California

Tom Williams

**Wyoming Aikikai**

Sheridan, Wyoming

Tom McIntrye

**Bahamas Aikikai**

Grand Freeport, Bahamas

Seymour Clay

**Jalisco Aikikai**

Jalisco, Mexico

Eric Jaracho

**Aikido of Guadalajara**

Guadalajara, Mexico

Raul Blackaller

**Aikido of Puerto Vallarta**

Puerto Vallarta, Mexico

Eric Jaracho, Raffi Badalian

**Association D'Aikido Pour Demain**

Paris, France

Cyril Danan

**Aikikan**

Rehovot, Israel

Ze'ev Erlich

**Valladolid Aikido Dojo**

Valladolid, Spain

Felix Ares

**Veracruz Aikido Dojo**

Vera Cruz, Mexico

Dr. Roberto Magallanes

Dr. Alvaro R. Hernández Meza

**Marco Giuseppe Marangoni**

Monza, Italy

**Four Seasons Dojo**

Granbury, Texas

Mike Schmidt

**Littleton Aikikai**

Littleton, Colorado

Steven Shaw

**Brugos Kodokai**

Brugos, Spain

Under Santiago Almaraz

**Aikido Tanguma**

Joaquin Tanguma

2nd Dan Aikido

Monterey N.L. Mexico

## Our Good Friends In Aikido:

**Tanshinjuku Dojo**

Boulder, Colorado

Kei Izawa Sensei, 5th Dan

**Chushinkan Dojo**

Buena Park, CA.

James Nakayama Sensei,  
6th Dan

**Aikido Ai**

Whittier, CA.

Frank McGouirk Sensei,  
6th Dan

**Tekko Juku Dojo**

New England

Yasumasa Itoh Sensei,  
6th Dan

## Aiki Dojo Newsletter

Publisher & Editor:

Rev. Kensho Furuya

Photo: Larry Armstrong

Printing: Michael Vance, Bill

Allen

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## New Children's Class T-Shirts Now Available



Small & medium sizes are available for children. Adult large size is also available. Special price: \$15.00 each donation to the Dojo.

## New Iaido T-Shirts:



The back of the new Iaido T-shirts says: Shiki Sozu Ze Ku or "All form is emptiness," from the Hannya Shingyo. The T-shirt is white on black with our Dojo Iaido Dept logo on the front in full color. \$20.00 each donation for the Dojo Fund Raising Project. Large & X Large sizes only.

## New Dojo Aikido T-Shirts



New Dojo Aikido T-Shirts. Black with multi-colors. Dojo logo on the front in blue. \$20.00 donation to the Dojo Fund Raising Project. \$5.00 SH, Foreign is \$8.00.

## Welcome To The Aikido Center of Los Angeles



Aikido Center of Los Angeles

### Visiting Our Dojo:

*Our dojo is dedicated to the practice of traditional Aikido as taught by the Founder of Aikido, Morihei Ueshiba and his legitimate successors, the late 2nd Doshu Kisshomaru Ueshiba and the present 3rd Doshu Moriteru Ueshiba.*

*You are very welcome to visit our beautiful, hand-crafted, traditional Japanese Dojo during posted training hours. All practicing Aikidoists are welcome to train with us or observe our training. Interested students and visiting Aikidoists are always welcome to join our practice. We are directly affiliated with Aikikai Hombu, Tokyo, Japan. Please make inquiries by email: [aclafuruya@earthlink.net](mailto:aclafuruya@earthlink.net).*

**Please Visit Our Website:**  
**[www.aikidocenterla.com](http://www.aikidocenterla.com)**  
**Aikido-laido-KODO@yahoo**



Rev. Kensho Furuya, 6th Dan

### The Kensho Furuya Foundation:

**Mr. Mark Ty - President**  
**Mr. David Ito - Vice-President**  
**Mr. Gary Myers - Secretary**  
**Mr. Bill Allen - Treasurer**  
**Mr. Jonathan Altman - Legal**  
**Mr. Michael Vance - Publishing**

The Furuya Foundation is dedicated to preserving the Dojo and its continued operation maintaining the highest standards of practice and the work of Furuya Sensei in research and education in Aikido, the traditional Japanese sword & related arts.

#### Japanese Swords: Appraisal & Restoration

Expert appraisal on Japanese swords. Complete services for restoration of Japanese art swords and custom-ordered Iaito training sword. Services include polish, handle wrapping, scabbard lacquer work, special orders. By appointment only.



### Japanese Swordsmanship:

#### Traditional Muso Shinden Ryu Iaido

We offer instruction in the traditional art of Iaido, the art of the Sword. Serious students are always welcome. Iaido demands a strong commitment of time, honor, perseverance and integrity. It is a spiritual art with a history and tradition of over fine hundred years. It is an art which is rapidly disappearing in our modern world today. We welcome all interested students to join our training. You will learn the proper etiquette and handling of the Samurai sword and its usage as a real weapon. This is not sword play, movie stunt action or performance-competition. This is a real, traditional martial art discipline.



## Aikido Center of Los Angeles:

We are not-for-profit, traditional Aikido dojo dedicated to preserve the honored values and traditions of the art. We are continually focused on maintaining the highest standards of the art in a Dojo which, itself is considered a work of art. With your continued understanding and support, we hope that you will dedicate yourself to your training, enjoying all the benefits Aikido can offer.

We do accept all Branch Dojo affiliations with any dojo who practices and wishes to follow the Aiki Kai Hombu Dojo training, rules and standards. This also includes commitment to 3rd Doshu and the Ueshiba Family as the Founding Family and Originator of our art. You are welcome to make inquires by email or letter. Our purpose is to help others in the correct practice of Aikido and to spread the correct transmission and understanding of O'Sensei's teachings.

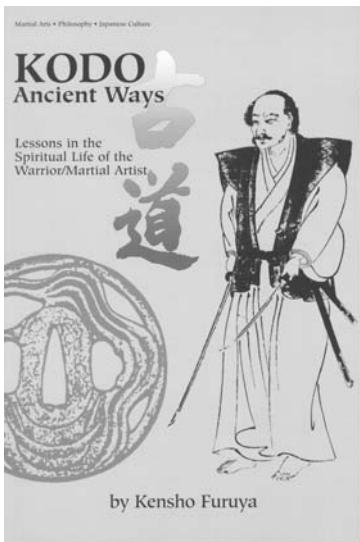
**Visit our official website daily at:**  
**www.aikidocenterla.com**

**Become a member of Aikido-laido-KODO@yahoo.group**  
**For Sensei's Daily Message and current news & postings.**

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## Publications By Kensho Furuya:



**Kodo:  
Ancient  
Ways:  
Lessons In The  
Spiritual Life  
Of the Warrior**

By Kensho Furuya  
\$16.95 plus tax.

Highly recommended for all students of the Dojo. Please request for your autographed copy

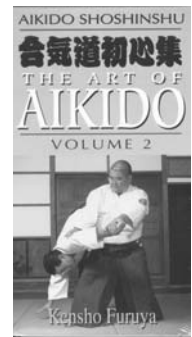
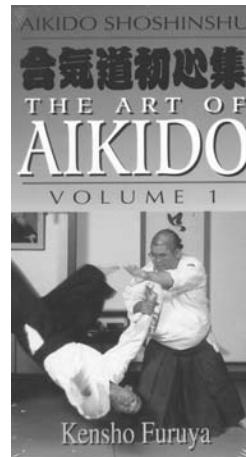
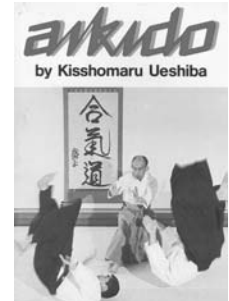
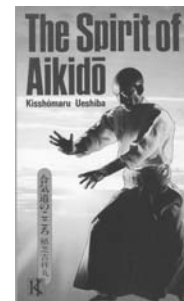
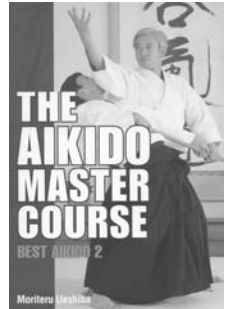
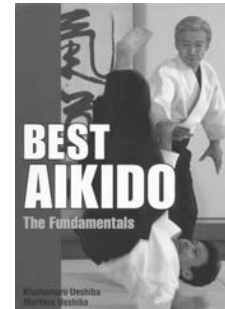
# The Art of AIKIDO

Instructional Video Series s Now Available in a new DVD format.

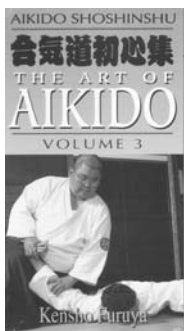
*"Top Rated" Karate Illustrated*  
*"Impressive Scope" Aikido Today,*  
*"Exhaustive" Aikido Journal" "Best in the English language on the market today," Budovideos.com.*

This video series is considered to be the most comprehensive and detailed instructional video on Aikido available today. Clear depiction of each technique and very detailed explanation of all of the fine points.

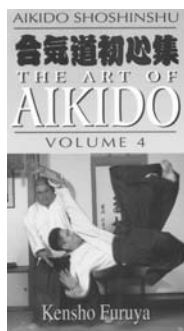
## Recommended Readings:



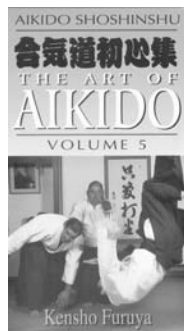
Basic Techniques  
Throwing & Joint  
Techniques, Ikkyo, Nikyo,  
Sankyo, Yonkyo & Gokyo



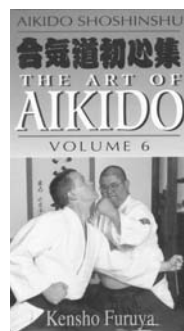
Ukemi-Breakfalling  
Basics Continued  
Free Style Techniques  
Tenshin. Ki. Breathing.



Katatetori Ryotemochi:  
Ryotetori: 2-hand.  
Reigi-saho: Etiquette.  
Koshinage-Hip throws.



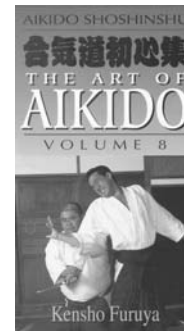
Suwari-waza. Gokyo.  
Hanmi-handachi. Kokyu-  
dosa. Katatori: Shoulder.  
Multiple attackers.  
Five-man Freestyle.



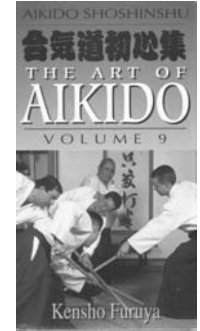
Tsuki: Strikes &  
Punches  
Yokomenuchi: Strikes  
to the side of the head &  
neck.



Shomenuchi,Ushiro  
Katatetori Kubishime:  
Chokes from behind.  
Ushiro Ryotetori,  
Ryohijitori, Ryokatatori.



Atemi-waza: Striking  
Defense against kicks.  
Tanto-tori: Knife  
defense.Aiki-ken:  
Sword Training



Jo: Basic long staff  
Fundamentals.  
Complete 1st Degree  
Black Belt Examination

# Aikido TRAINING SCHEDULE

**Sundays:** Children's Class: 9:00-10:00am.  
Open - All Levels: 10:15-11:15am.

**Mondays:** Fundamentals: 5:15-6:15pm.  
Open - All levels: 6:30-7:30pm.

**Tuesdays:** Open - All Levels: 6:30-7:30pm.

**Wednesdays:** Fundamentals: 5:15- 6:15pm.  
Aiki Sword : 6:30-7:30pm (Bokken).

**Thursdays:** Fundamentals 5:15-6:15pm  
Open - All levels: 6:30-7:30pm.

**Fridays:** Fundamentals 5:15-6:15pm. Open -  
All levels: 6:30-7:30pm.

**Saturdays:** Open-Intermediate: 9:30-  
10:30am. Beginning: 10:30-11:30pm.

**Every Last Saturday of Each Month:**  
Advanced-Instructors': 6:30-8:00am.

## CHILDREN'S CLASSES

5 - 16 yrs old

**Sunday Mornings 9:00 -10:00am**

*Sign-up anytime for on-going classes.*

*We are directly affiliated with:*

### AIKIDO WORLD HEADQUARTERS

Aikido So-Hombu Dojo - Aikikai

17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, JAPAN

*We are committed to the study and practice of the teachings of the Founder of Aikido, Morihei Ueshiba and his legitimate successors, Kisshomaru Ueshiba and the present Moriteru Ueshiba Doshu.*

## Aikido Center of Los Angeles

940 E. 2nd St. #7, Little Tokyo,  
Los Angeles, CA 90012

Tel: (213) 687-3673

Email: aclafuruya@earthlink.net

**www.aikidocenterla.com**

# Iaido TRAINING SCHEDULE

## TRADITIONAL JAPANESE IAIDO SWORDSMANSHIP

**Saturdays:** 7:15-8:15am Beginning.  
8:15-9:15am Intermediate-Advanced.

**Sundays:** 7:45am-8:45am.

**Wednesdays:** 6:30-7:30pm (Bokken).

*No Classes on the last weekend of the month.*

**Private Classes Available.**

## No Appointment Necessary To Join:

You are welcome to visit us anytime during our Open and Beginning Classes. Signing up for classes is very easy and only takes a few minutes. We accept personal checks, MO and cash. Please bring valid ID such as your driver's license and the name of your insurance company. Welcome!

## Finding Our Dojo:

*We are endeavoring to maintain the highest standards of training while preserving the True Spirit of Aikido. We hope you will appreciate our efforts and undertake your training with devoted and committed energy. Your efforts, we believe, will be greatly rewarded. We welcome you to an ancient and profound art. We welcome you to our Dojo. Everyone, beginners and active Aikido students alike, are cordially welcome to join our training. Thank you.*



We are convenient to most major freeways. Enter private lane at Vignes and 2nd Streets. We are one block west of Santa Fe Ave. and several blocks east of Alameda in Little Tokyo. The **Easiest Way:** From Alameda go east on 1st St and make right turn at Vignes. Do not turn on 2nd St. but go straight into the private lane. Look for the garden.