

The Aikido Center of Los Angeles, LLC, 1211 N. Main Street, Los Angeles, CA 90012, Tele: (323) 225-1424 www.aikidocenterla.com



The Aikido Center of Los Angeles

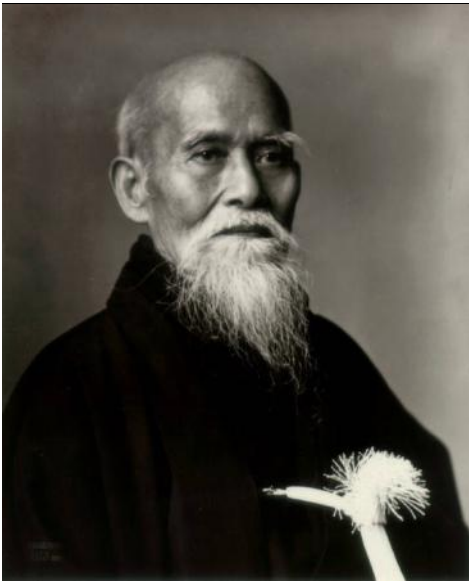
道の為、世の為、人の為 合気道

The Aiki Dojo

Direct Affiliation: Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan
Los Angeles Sword & Swordsmanship Society Kenshinkai
Reverend Kensho Furuya Foundation

April 2008

Volume XXVII NUMBER 4



Morihei Ueshiba
(December 14, 1883– April 26, 1969)

April In The Dojo By David Ito, Dojo-Cho

March has come and gone and April is quickly here. April marks the month that O'Sensei passed away 39 years ago. Reverend Kensho Furuya always had a memorial service and seminar to observe his passing. This year we have decided to have O'Sensei's memorial service separate from our seminar. This is because we were finally allowed to move in to the new dojo on March 6th and the dojo would not be ready for a seminar. The seminar this year will be in conjunction with the grand opening on May 3rd.

Typically the end of March and the months of April and May are when the

Japanese celebrate the blooming of the cherry blossoms. Cherry blossoms are beautiful when they are in full bloom, but they only bloom for a couple of weeks and then fall off the branch. Japanese love this time of year. The hanami or flower viewing gives them an opportunity to celebrate and people flock to parks and gardens to see the cherry blossoms in full bloom. The cherry blossoms beauty is fleeting and its fall reminds us that we should honor life and live each and every moment. It is often equated with the samurai who have fallen in battle. So for me it reminds me of the passing of not only O'Sensei, but Sensei too. Their passing does not bring sadness, but a reminder to live life and be true to myself.

This March marks the first anniversary of Kensho Furuya's passing. The March issue featured students who wrote many nice articles in his memory. Coincidentally, Sensei passed away the same day they broke ground on the new dojo. The enthusiasm of practicing in the new dojo is coupled with the reality that Sensei is no longer physically with us. His lack of physical presence is outweighed by his enormous influence which continues today in the dedication, loyalty and hard work of his students. Sensei has touched many people's lives in and around the dojo as evident in this issue where we are featuring the memorial services held at our dojo and branch dojos.

Announcing The Grand Opening of The Aikido Center of Los Angeles

1211 N. Main Street, Los Angeles, CA 90012

Grand Opening Saturday, May 3, 2008

Grand Opening Seminar

May 2-4, 2008

RSVP by e-mail: info@aikidocenterla.com

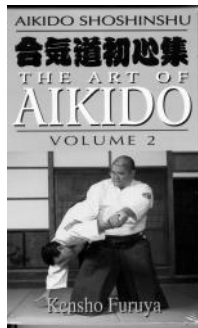
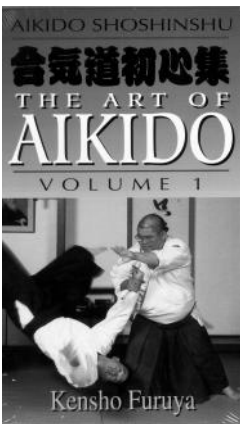
**Kensho Furuya Memorial March 6th
At the new dojo**



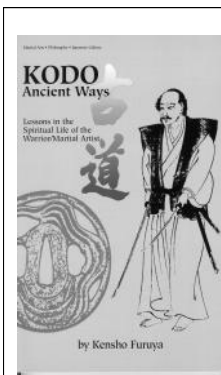
**Kensho Furuya Memorial at KODOKAI,
ASOCIACION CULTURAL
Salamanca, Spain**



The new dojo



Basic Techniques
Throwing & Joint
Techniques, Ikkyo, Nikyo,
Sankyo, Yonkyo & Gokyo

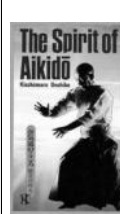


Kodo:
Ancient Ways

Lessons in the
Spiritual Life of the
Warrior/Martial Artist

By
Kensho Furuya

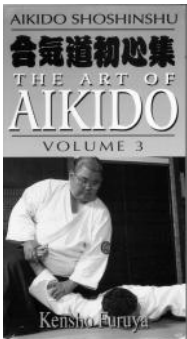
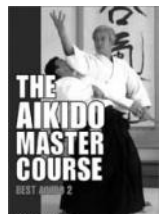
Recommended Readings:



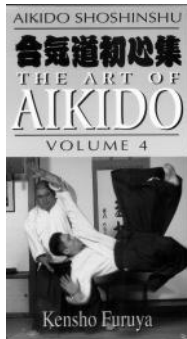
By Kisshomaru Ueshiba, 2nd Doshu



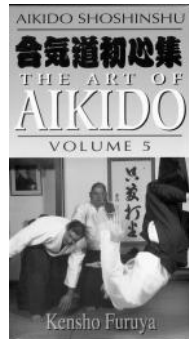
By Moriteru Ueshiba, 3rd Doshu



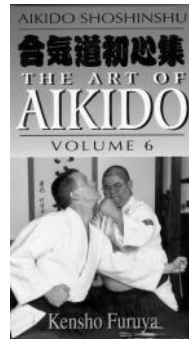
Ukemi-Breakfalling
Basics Continued
Free Style Techniques
Tenshin. Ki. Breathing.



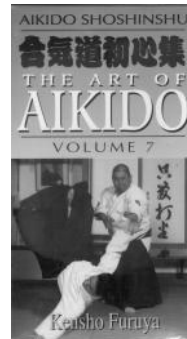
Katatetori Ryotemochi:
Ryotetori: 2-hand.
Reigi-saho: Etiquette.
Koshinage-Hip throws.



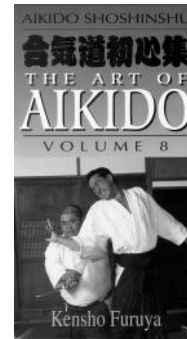
Suwari-waza. Gokyo.
Hanmi-handachi. Ko-
kyudosa.
Katatori: Shoulder.
Multiple attackers.



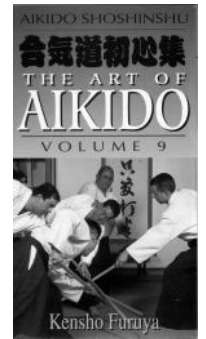
Tsuki: Strikes &
Punches
Yokomenuchi: Strikes
to the side of the head &
neck.



Shomenuchi, Ushiro
Katatetori Kubishime:
Chokes from behind.
Ushiro Ryotetori,
Ryohijitori, Ryokatatori.



Atemi-waza: Striking
Defense against kicks.
Tanto-tori: Knife
defense. Aiki-ken:
Sword Training



Jo: Basic long staff
Fundamentals.
Complete 1st Degree
Black Belt Examination

Aikido TRAINING SCHEDULE

Sundays

9:00-10:00 AM Children's Class
(6 to 16 years old)

10:15-11:15 AM Open

Mondays

5:15-6:15 PM Fundamentals

6:30-7:30 PM Open

7:30-8:30 PM Weapons (3rd Kyu & up)

Tuesdays

6:30-7:30 PM Advanced (Black Belts)

Wednesdays

5:15-6:15 PM Fundamentals

6:30-7:30 PM Open

7:30-8:30 PM Weapons (3rd Kyu & up)

Thursdays

5:15-6:15 PM Fundamentals

6:30-7:30 PM Bokken (Shodan & up)

Fridays

5:15-6:15 PM Fundamentals

6:30-7:30 PM Open

Saturdays

Iaido TRAINING SCHEDULE

TRADITIONAL JAPANESE IAIDO SWORDSMANSHIP

Saturdays:

7:15-8:15 AM Beginning.

8:15-9:15 AM Intermediate-Advanced.

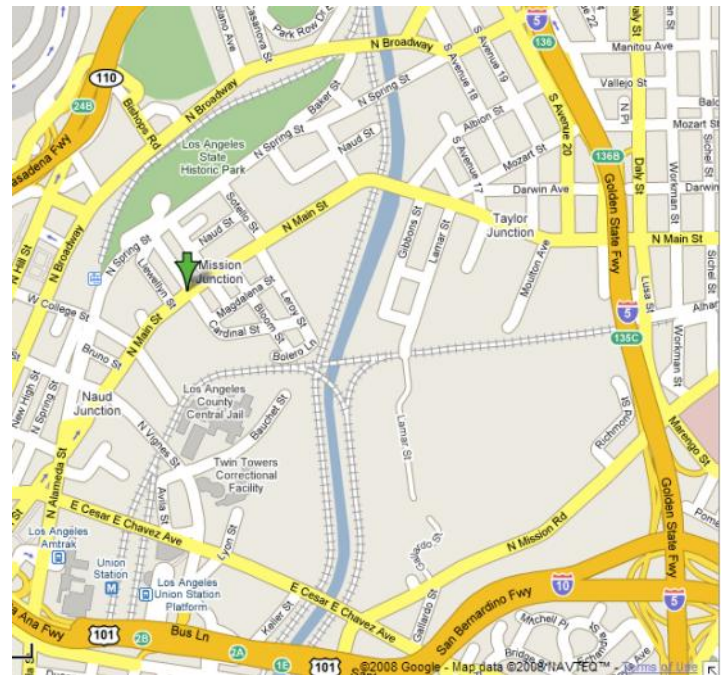
Sundays:

7:45-8:45 AM

Thursdays: 6:30-7:30 PM (Bokken)

No Classes on the last weekend of the month.

Private Classes Available.



Aikido Center of Los Angeles:

We are a not-for-profit, traditional Aikido Dojo dedicated to preserving the honored values and traditions of the art of Aikido. With your continued understanding and support, we hope that you also will dedicate yourself to your training and to enjoying all the benefits that Aikido and Iaido can offer.

The Aiki Dojo Newsletter

Editor-in-Chief: David Ito

Photographer: Larry Armstrong

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Visit our official website daily at:
www.Aikidocenterla.com

Finding Our Dojo:

We are located at
1211 N. Main St.
Los Angeles, CA 90012.
(323) 225-1424

We are across the street and one block down from the Chinatown Metro Station.

The Entrance is on Elmyra Street.