

羅府合気道学院古屋道場



AIKIDO CENTER OF LOS ANGELES NEWSLETTER

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Los Angeles, California
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Celebrating Our 30th Year

January 1, 1994

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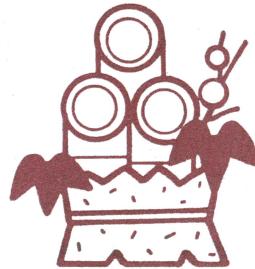
Happy New Year & The Best of 1994



We wish each and everyone of you a very Happy New Year and the very warmest of the Holiday Season.

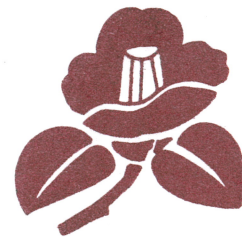
*Kensho Furuya
The Aikido Center of Los Angeles
Kenshinkai Swordsmanship
All Japan Battodo Federation Los Angeles Br.
Rafu Token Kai - Sword Study Class
Children's Class*

Akemashite Omedeto Gozaimasu



加賀正

謹んで新年を
お慶び申し上げます
Rafu Token Kai



REVIEWING 1993: Activities and Programs Sponsored by the Dojo.

- Jan. 10th. General Meeting.
 Jan. 17th. New Year's Party.
 Feb. 1st. Tatami Mat Fund Raising Project Begins.
 Feb. 14th. Children's Class Valentine's Party.
 Mar. 21st. Tsuba Sword Guard Exhibition.
 April 1st. Dojo Lease Renewed for 12 Years.
 April 21st. Miyamoto Musashi Lecture.
 April 24th. 30th Anniversary Celebration at the
 Grille de Lyon, Honda Plaza, Little Tokyo.
 April 25th. Sensei's 45th Birthday Celebration.
 April 26th. O-Sensei's Memorial Day Practice.
 May 1st. JACCC Arts & Crafts Faire Demo.
 May 4th. New tatami arrive from Japan.
 May 8th. Children' Day Festival Demo at the Japanese
 Village Plaza.
 May 9th. Dojo Mother's Day Luncheon-Empress Pavilion.
 May 23rd. Sensei speaks at Japan International Society
 on Personal Safety and Crime.
 May 30th. Sensei Speaks at Metropolitan High School..
 July 3rd. West Covina Community Center Demo. &
 Sword Display.
 July 1st. Nakadeguchi Sensei from Beppu Dojo, Japan.
 July 1st. Tozai Feature Article appears about Sensei.
 July 10-11th. Lotus Day Fest. Demo., Echo Park in Holly
 wood.
 July 17-18th. Higashi Hongwanji Obon Demo.
 July 18th. Pasadena Buddhist Church Obon Demo.
 July 30th. Tea-room Completed.
 August 4th. Chibi-no-Gakko, Orange County, visits dojo.
 August 6th. Welcome Party for Nisei Week guests.
- August 8th. Japan America Theatre Nisei Week Aikido
 and Traditional Martial Arts Demonstration.
- August 9th. Thank You Party & Celebration for Nisei
 Week Participants and Guests.
 August 18th. Y. Kobayashi One Day Seminar
 September 25th-26th. Japanese Village Plaza Demo.
 October 24th. Japanese Village Plaza 15th Annv. Demo.
 November 5th. Budo Study series begins on Miyamoto
 Musashi.
 December 1st. Men's Fitness magazine feature article.
 December 5th. Dojo Christmas Party.
- 1994
 Jan. 16th. Dojo New Year's Party - Kagamibiraki.

Sensei's Message:

NEW YEAR'S GREETINGS

1993 was a very busy year for the dojo. It was a very special year for me celebrating my 30th anniversary in Aikido. And, reviewing the dojo activities for 1993, everyone can see that we achieved a great deal last year. We could only do this through the generous help and goodwill of each and everyone of the members of the dojo.

The 1993 Nisei Week Aikido and Japanese Martial Arts Demonstration at the Japan America Theatre in August was an unprecedented success. We were also able to install our long awaited, new tatami mats in the dojo and build our cherished three-tatami tea room. Many have complimented us by saying that our dojo is one of the most beautiful dojo in the country with some of the finest martial artists in this United States and Japan. Our guests during the Nisei Week Festival highly complimented us by saying that our dojo is "more Japanese" than dojos in Japan!

Of course, we are not competing with anyone; we are only trying to further our training by developing ourselves and our dojo in every way possible. We have succeeded greatly in this. Truly, we must count our blessings and be thankful for our good fortune.

Martial arts and Aikido is changing quickly in this modern world. As everyone knows, old values seem to have been left by the wayside, and what new values have taken their place? It's anybody's guess. We don't seem to care about the quality of our lives and what we do with it. As long as it is fast, easy and cheap, we jump for it, whatever it is. This means that we have forgotten how valuable, how precious our lives really are. I believe we hold ourselves too cheaply. Only through our Aikido practice can we begin to see our selves and our world in the right perspective. It isn't easy in this world of ours today but this is the fundamental rule of our daily practice.

*Loyalty, commitment, self-sacrifice, patience and hard work are rare and precious commodities. In ancient times, it was the very least expected of a mature, normal human being. Today, it is considered a great and very rare treasure. In our dojo, however, it is part of our daily practice. *Continued.**

**Please pay your dues on time.
 Your support and contributions are vital to us.
 Thank you.**

MANY THANKS

The Dojo would like many, many friends and students for all of your generous support and friendship during the year of 1993 and we hope for your continued support, guidance, and encouragement in 1994.

We also heartily welcome many old students who have returned to the dojo for training recently.

Thank you.

Sensei's Greetings continued:

Aikido practice is never easy. True practice never gets easy. To think that it will, to hope that it will get easy will only bring you great disappointment. Many students have asked me to make iour practice easy but no one has ever asked me why it never gets easy. I always find this point very interesting.

This is a story that happened quite a few years ago but I remember it very well. It was in a little Japanese restaurant in Little Tokyo called Koharu. It used to be where the Japanese American Museum nows stands. The owner was a old woman named Shibata who was a great cook with a spirit to match. I was having lunch there one day when I heard one of the other customers complain, "Hey, this fish has some bones in it!" Shibata quickly answer, "What are you talking about? Bring me a fish with no bones and I will gladly cook it up for you!" I heard no further complaints from the next booth after that.

Looking for easy practice, for me, is like looking for a fish with no bones. Any fish, however delicious, still has some bones to deal with. It is just to be a little careful when we are eating it. Our practice is the same. Happy New Year!

Kensho Furuya

Dojo New Year's Party

January 16th, Sunday

At the dojo. Everyone invited.
Recent promotions will be awarded.

"Kagotsurube"

A few copies left. Donation to the dojo: \$25.00. A collection of Sensei's writings on the occasion of his 30th Anniversary in Aikido in 1993.

Important Dates for January

- Jan. 1st. Holiday. Dojo closed.
- Jan. 7th. Sword Study Class from 7:30pm.
- Jan. 11th. Black Belt Meeting from 8:30pm.
- Jan. 14th. Five Rings Study Class from 7:30pm.
- Jan. 16th. New Year's Party.
- Jan. 17th. Martin Luther King day. Reg. prac.
- Jan. 22nd. Iaido Intensive from 6:30am.
- Jan. 29th & 30th. No Iaido practice.

ACLA Newsletter

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1994 ACLA IAIDO KENSHINKAI

Training Schedule

Wednesdays: 8:45pm-9:45pm

Saturdays: 9:00am-10:00am

Sundays: 7:30am-8:30am

Monthly Iaido Intensive Seminar

January 15th, 6:30am-8:30am
Monthly meeting/breakfast follows.

The Iaido Intensive Seminar is held on the third Saturday of every month from 6:30am.

RAFU TOKEN KAI
Los Angeles Sword Study Society

First Friday of every month from 7:30pm.

Program: Making oshigata and recording information about your sword. Please bring your oshigata equipment.

Everyone is welcome.

BUDO STUDY SERIES:

"The Life and Art of Miyamoto Musashi, the Swordsman, and the Book of Five Rings."

2nd Friday of the month
from 7:30pm to 9:00pm.

Please bring a 3-ring looseleaf notebook and pen and pencil. You will be taking some notes but there will be handouts of translations and Sensei's personal notes which is recommended you keep together in a 3-ring binder. Everyone is welcome to attend and join us in our study class.

Text: The Book of Five Rings. Overlook Press, 1982.

'94 Training Schedule

AIKIDO
BEGINNING OPEN CLASSES

Tuesday, Thurs. & Friday Mornings
7:00am-8:00am

Mondays thru Fridays
6:15pm-7:15pm
7:30pm-8:30pm (Except Tues & Fri.)

Saturday Mornings
10:15am-11:15am

Sunday Mornings
9:45am-10:45am

ADVANCED & INSTRUCTORS'
CLASSES

2nd Kyu & up. Please bring bokken & jo.

Tuesdays
7:30pm-8:30pm

Saturdays
11:30am-12:30pm

CHILDREN'S AIKIDO

Sunday Mornings
8:30am-9:30am

Welcome

Aikidoists from all schools are welcome to join our practice. Feel free to come visit us. ACLA Members should encourage their family and friends to join us in our training as well.

YUDANSHA KAI
ACLA Black Belt Association
Meeting: January 11th
Tuesday, 8:30pm