

The Aikido Center of Los Angeles, 940 2nd St. #7, Los Angeles, CA 90012. Tel: (213) 687-3673. Website: www.aikidocenterla.com.



The Aikido Center of Los Angeles LLC

忘れられた心を探す合気道 合気道場

The Aiki Dojo

Affiliation: The Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan
Rev. Kensho Furuya Foundation
Los Angeles Sword & Swordsmanship Society Kenshinkai
Nanka Yamanashi Kenjin Kai Southern California Yamanashi Prefectural Association
Los Angeles Police Department Martial Artist Advisory Panel

\$3.95
Donation

June 1, 2004

Volume XXIII. Number 6.

Our Grand 30th Anniversary Celebration Special Issue Part 2.

30th Anniversary Special Practice

As part of our 30th Anniversary Celebration, Yonemochi Sensei taught two classes on April 27 and April 29 respectively. Both classes were well attended and everyone enjoyed Yonemochi's class. During the April 29th class, Oscar and Carlos from Spain received the 1st Dan Examination and passed.

These classes were also attended by four members from the Veracruz Branch Dojo and three members from our Salamanca Branch Dojo in Salamanca, Spain under the direction of Santiago Garcia Almaraz.



Upcoming Main Events:

June 5: Photo Shoot
for book on Los
Angeles architecture.
No classes today only.

July 10-11: Pan-Asian
Lotus Festival in Echo
Park, East Hollywood.

August 7-8 Nisei Week
Japanese Festival.
Demonstration &
Lecture. In the Dojo.



Santiago practicing with Jim MacDonald. Santiago, Chief Instructor of the Salamanca Kodokai Aikido Dojo has made numerous trips to the Dojo for training. On this occasion, he brought his brother, Carlos, and his senior student, Oscar R. Castro, for training.

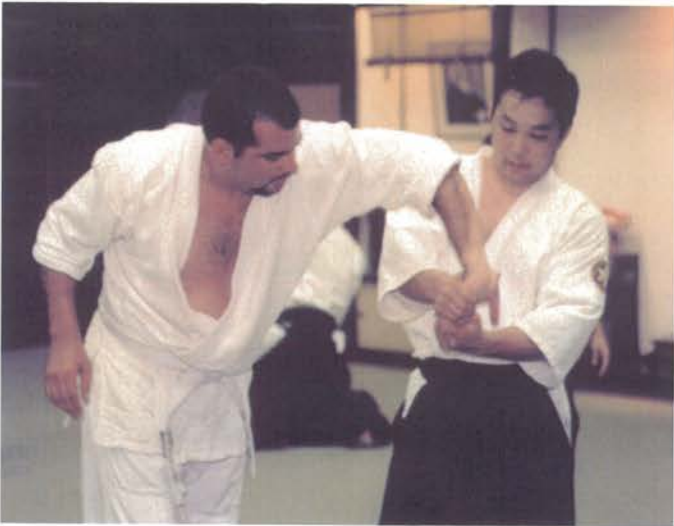


Yonemochi Hideo Sensei, 8th Dan, taught a lively, friendly class.





Carlos G. Almaraz, Santiago G. Almaraz, & Oscar R. Castro.
From Salamanca, Spain



Kenny Furuya practicing with one of the members of the Veracruz Branch Dojo.

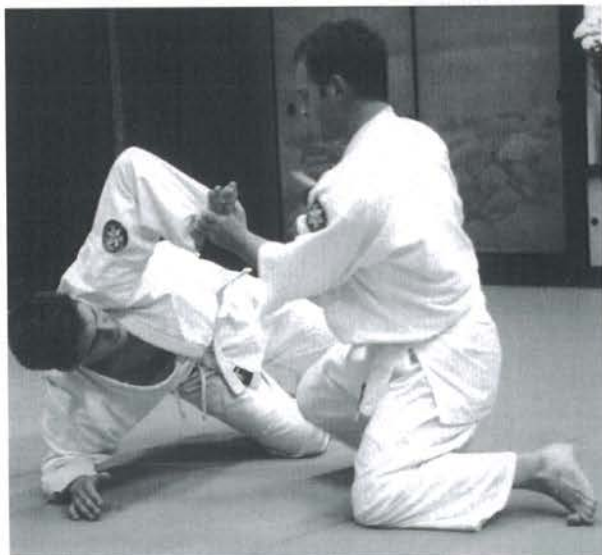


Members of the Veracruz Branch Dojo, Dr. Roberto Magallanes, Dr. Alvaro H. Meza, Miguel Angel A. Hoyos & Jose Manuel L. Lago.

Carlos Almaraz Shodan Examination April 29, 2004:



Oscar Ruano Castro's Shodan Examination. April 29, 2004



Santiago, Carlos & Oscar From Salamanca In Los Angeles



Special Practice for Santiago and Carlos before returning to Spain.



With Sensei, touring Little Taipei in Alhambra.

Santiago has made many trip to the Dojo for training, usually by himself or with his wife, Susanna. Having a new baby in February, Susanna could not attend. This year, for training and for our 30th, his brother, Carlos, and one of his senior students, Oscar R. Castro both accompanied him. Both Oscar and Carlos took the 1st Dan examination under Yonemochi Sensei and Furuya Sensei at the end of the 2nd Special Practice. Although Oscar returned to Spain a few days early, Santiago and Carlos stayed for two weeks, also taking additional private lessons in Iaido from Sensei Below: Gift from Sensei



Actor-Martial Artist Mark Dascasco Tapes Premiere Of Iron Chef America March 22.



Mark Dascasco is one of the veteran actors of many martial arts-action movies. He is also the first to introduce Capoeira into the movies. His new role is host to the new Iron Chef America, a popular Japanese cooking show which is now moving to America. One of the sequences of the Premiere was filmed in the Dojo.



Steve, producer of Triage Productions, has worked with Sensei on a number of special programs for cable tv.



Sensei Presents Lecture on Samurai Swords At JACCC. April 8.



Sensei was recently invited by the Japanese American Cultural & Community Center, JACCC, to present a lecture on the history and care of the Samurai sword. Ken Watanabe also demonstrated Iaido. There were about 130 students from several high schools in Torrance.



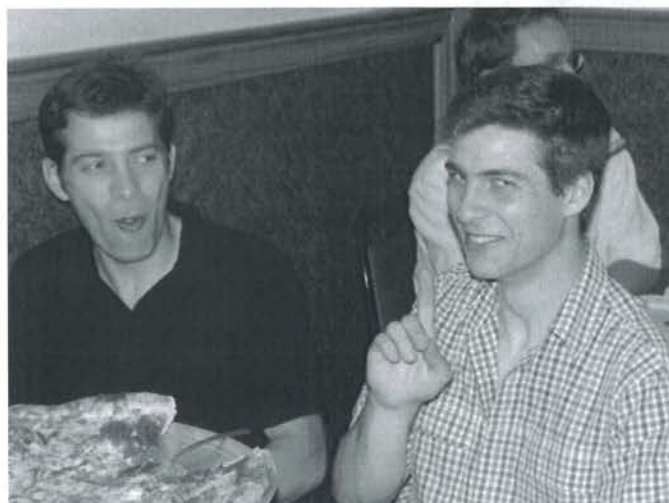
Sensei's Belated Birthday Party May 5.



There was a belated birthday party for Sensei on May 5, after the hectic 30th Anniversary schedule - also a combined Farewell Party for Santiago and Carlos. Delicious pizza at Palermo's in Hollywood!



Kevin Hoffer, Bill Allen & Jim Macdonald with a thumb's up.

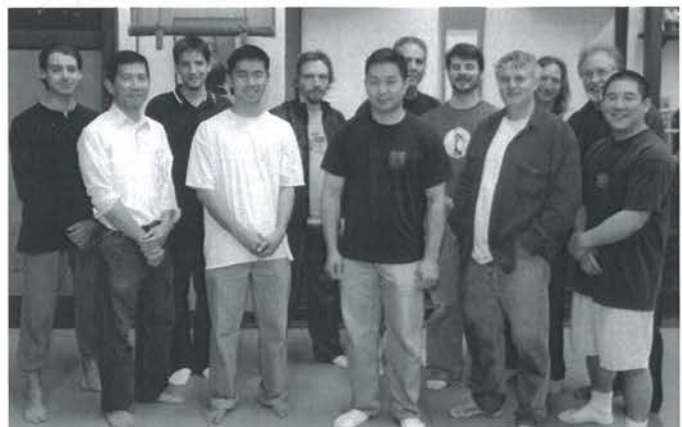


Santiago looks on. Carlos from Spain happens to love pizza!

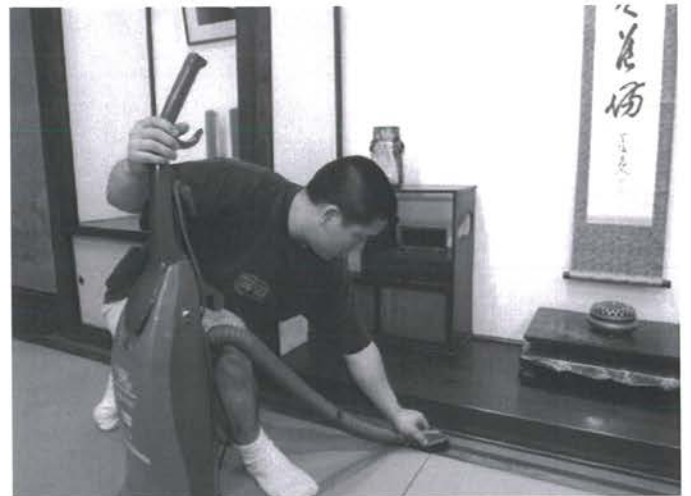


Sensei, Ken Watanabe, Kenny Furuya, Jim Basset, David Ito, Santiago Almaraz, Carlos Almaraz, Cheryl Lew, Jim Doi & James Takata. At the other table was Kevin, Bill and Jim MacDonald. Larry Armstrong taking the photos.

Pre-Celebration Great Dojo Clean Up Party. April 19-20.



Arthur, James, Andrei, Mark, Cyril, Kenny, Michael, Steven, Bill, Nicholay, Larry, and David. Not shown are Dennis, Jake, Kanae, Gary, Tom, Jim, Mohammed, Loren, Mrs. Fukuda, Cheryl and Ken. Many thanks for a great job this year.



Everyone helps out with the Dojo cleaning each day but at the Year End to welcome the New Year and before O'Sensei's Memorial Service, we all do a major clean-up party. This year was particularly extensive and important because of our 30th Anniversary Celebration and also to welcome Yonemochi Sensei from Aikikai Hombu. Nowadays, all the students are very experienced so the job always goes smoothly and very quickly.

Cleaning is a part of our practice and teaches to care for what we use. A clean dojo is always a nice, fresh place to practice in.



Happy Faces:



Carol Tanita and Jim Macdonald.



Keona Trotter during our Children's Class Valentine's Day Party



Derek & Tomi I. Okuno. Father, Dale Okuno, also practices.



Gary Myers, Iaido Dept.

Sensei Chats With Yonemochi Sensei:



I first met Yonemochi Sensei in 1969, just after I returned from Japan for training. Then again five years ago, when Yonemochi Sensei and Ichihashi Norihiko Sensei and several young instructors visited Los Angeles to present a demonstration in Long Beach. Practice was held in our Dojo. It was a great surprise to me when I heard from Ikeda Teru Sensei that Yonemochi Sensei wanted to attend our 30th Anniversary. He is one of the most senior and highest ranking official of Aikikai at present and his busy schedule really prevents him from such trips. Yet 3rd Doshu Moriteru Ueshiba Sensei gave his consent and thus we began to make special arrangements for his visit.

Yonemochi Sensei, I can report, was very happy with this trip and very pleased not only with our 30th Anniversary Celebration but with our level training and all the members of the Dojo. His advice to us was: "Keep training just as you are doing at present. Everything is fine!" He also asked you to continue to support me and my efforts to maintain a good Dojo. I am glad to have spent some time with Yonemochi Sensei and chat about old times and Aikido. This was one of the most pleasant moments of our Celebration for me. He made our event very, very special and I hope everyone will appreciate his great kindness to us as I do personally. It was so nice to see old friends - our friendship spans more than 35 years. Such ties and friendship are the real treasure of Life. Many thanks to Yonemochi Sensei.

Happy 30th Anniversary Moments I Remember:



April 26. Meeting Yonemochi Sensei at the LAX Airport, I was so excited to see him when he finally came out of US Customs.



Introducing Yonemochi Sensei to Kansuma Sensei before the Celebration. Two teachers I respect very much.



So many friends, associates and representatives of the community joined us for our celebration. A very happy occasion!



Students from both Spain and Mexico. One guest and old friend from Washington, DC, Nick Kiritz, came for just a half day.



A very special treat for me was Sambaso, a very special dance of congratulations, which Kansuma Sensei gladly consented to have her students perform. I had no idea what a big production it would be. Her students trained for over one month for this dance and Annie Yoshihara, pictured above, bought a new, special kimono, just for this performance. One of the other dancers, Kiyoko, was a big surprise for me. I did not know she was performing but she was one of my co-workers at the Bank of Tokyo, over twenty years ago. A very special dance and a very special surprise reunion - real dance of congratulations and good fortune.

The classical dance, Sambaso, also has a connection with the monkey and since this is the year of the monkey, I thought this dance would be especially auspicious for the occasion and it certainly was.

As a side note, at New Year's this year, Carol Tanita brought a tiny ceramic monkey from her store for good luck for the Dojo because this is the year of the monkey. As you can see in the Dojo, the monkey is wearing a special hat called "eboshi" and holding a fan and is dancing. This dance is the traditional, "Sambaso." A happy dance - as mankind dances in happiness, so will the gods be happy too.



Kagami-biraki - breaking open the sake keg - this is a ritual I have seen done on many occasions here in community events in in the movies and tv. It is something that I have always wanted to do myself and luckily our 30th Anniversary was a great time to do this. Noritoshi Kanai, President of Kyodo Boeki Mutual Trading Co. is a long-time acquaintance of mine and an activist for introducing Japanese culture into this community. Mrs. Kanai is also an old friend in both the tea ceremony and Noh chanting and dance.

Not only does this celebrate our 30th but also signals in a new beginning for our Dojo and a great start into the future. The congratulatory o-sake purifies the occasion of our celebration.

Mr. Kanai is an expert at breaking open this sake keg knowing exactly the right spot to hit - we all broke it open perfectly. Btw, Mr. Kanai donated the sake keg and six large bottles of Shochikubai o- sake for our celebration. A very special treat!



Los Angeles Councilwoman Mrs. Jan Perry is an extremely busy woman and particularly on the day of our celebration with the 150th Anniversary of the Japan America Treaty Celebration at Dodger Stadium. Yet, she made it to our event and made two presentations to me. More than for me, I am very happy that we have the support of such city officials who recognize our contributions to the community and, most of all, I am happy that they recognize Aikido as more than a business or sport but a fine art of significance and importance.



Bishop Gengo Akiba was supposed to give a short Benediction but actually went into a short sermon which I had to translate - I didn't expect to do extra duty like this.



Johnny Mori is a person I have greatly respected for a long time. He has been able to successfully take his art, a traditional Japanese art of taiko, and bring it into the mainstream of the artistic and cultural community here in Los Angeles and across the nation. I hope that I can continue to achieve the same result with Aikido - that it can be recognized as something more than a typical martial art, but as a fine art of cultural distinction.

Johnny presented three symbols of Japanese festival meaning good fortune and good luck. The blowing of the horagai - a trumpet made from a conch shell was used in ancient times to begin a battle. Okame, a comical dance of a chubby old lady is often seen as a sign of good luck. Finally the shi-shi mai or lion dance has many connotations of good fortune and celebration.

The banner at the left depicts Takeda Shingen and Uesugi Kenshin

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in a famous battle at Kawanakajima. Just as Kenshin is about to strike at Shingen, he says, "Can you avoid my devastating blow of my sword?" Shingen replies with a verse from a Zen poem, "Just a tiny snowflake in a blasting furnace!" Both generals were ordained Zen priests. Takeda Shingen was a famous warlord from Koshu (Yamanashi Prefecture) and symbolizes our joint celebration with the 100th Anniversary of the Nanka Yamanashi Kenjinkai. Many congratulations to all of Yamanashi members.



Jake LaBotz, our student, was my big surprise of the evening, especially for all my students. I think some people knew that he sang but I don't think anyone realized what a great talent he was. This is why I didn't say too much about Jake during the month of preparation before the celebration. Actually, I was very worried because he had injured himself and we weren't sure whether he would be up to performing or not. Luckily, he was well enough to sing and what a great hit he was - I know everyone was so surprised and impressed. . . .

Not only did Jake injure himself but Ken dislocated his toe and Bill was in a car accident and suffered slight whiplash. All this did not contribute at all to the charm of all the preparations. . . .

I think with the combination of the traditional Japanese dance and a mixture of Japanese festival music, Jake added a nice balance to the evening's entertainment. Because he is a blues singer, I asked him to sing his blues in the "happiest" way possible! He did.



Yonemochi Sensei was a big surprise for everyone as our guest speaker, providing one of the great highlights and entertaining moments of the evening. Although we had agreed that Sensei would speak in Japanese, Furuya Sensei was very surprised when he was asked to translate into English and much of the speech was very glowing words of praise and kudos of himself providing many moments of great embarrassment at Furuya Sensei's expense, much to the enjoyment and laughter of the guests. Everyone enjoyed this very pleasant, but slightly comical moment! Especially a red-faced Furuya Sensei!

Above: Yonemochi Sensei convincing Furuya Sensei to continue the translation of his speech into English. A most enjoyable moment of the whole evening.



Yonemochi Sensei and Furuya Sensei in the Dojo on the last day of his visit to Los Angeles. Behind, is a scroll by the late, 2nd Doshu, Kisshomaru Ueshiba Sensei, their teacher. Yonemochi Sensei has been in Aikido for 52 years. This is the 45th year of Sensei's training. Sensei met Yonemochi Sensei in 1969., 2nd Doshu in 1962.

30th Anniversary Programs

We do have a few 30th Anniversary Programs left on sale for \$20.00 each. (Cost of printing was \$17.00.)

Upcoming Events

June 5th. Photo Shoot for upcoming book, "Los Angeles Loft Living." No Iaido or Aikido classes will be scheduled for today,

July 10-11th. Lotus Festival. In Echo Park.

August 7-8th. Annual Nisei Week Festival. In the Dojo.

Budo Study Class Again

We will begin our Budo Study Class again, every last Friday of the month from 6:30-8:00pm. Everyone is welcome to attend.

Don't Miss Our Dojo Newsletter

If you wish to continue receiving our Dojo Newsletter, please send in a small donation (about \$30.00) to cover the costs of printing and shipping. Due to the rising expense of publication, we will be limiting our mailing list to paid subscribers only. Many thanks.

Do: The Path

People can be very motivated if there is something to gain. This is true of all physical training and effort. To be motivated and dedicated to something in which there is no merit or benefit at all, is the essence of all spiritual training.

If you compare yourself to others, you will lose sight of the Way. If you compare everything to the Way, you will find yourself all alone. . . . Enlightenment is the true battle of "the self making the self into the self."

Visit Our Website Daily
www.aikidocenterla.com
For Sensei's Daily Message

The Furuya Foundation:

Mr. Ken Watanabe - President

Mr. Gary Myers - Secretary

Mr. Mark Ty - Treasurer

Dr. Cheryl Lew - Senior Counsel

Mr. Jonathan Altman - Legal Counsel

The Furuya Foundation is dedicated to preserving the Dojo and its continued operation maintaining the highest standards of practice and the work of Furuya Sensei in research and education in Aikido, the traditional Japanese sword & related arts and their history, culture and traditions. Your donations & contributions are welcome.

Affiliated Branch Dojos

Aikido Kodokai
Salamanca, Spain
Santiago Garcia Almaraz

Hacienda La Puente Aikikai
La Puente, California
Tom Williams

Wyoming Aikikai
Sheridan, Wyoming
Tom McIntry

Bahamas Aikikai
Grand Freeport, Bahamas
Seymour Clay

Jalisco Aikikai
Jalisco, Mexico
Eric Jaracho

Aikido of Guadalajara
Guadalajara, Mexico
Raul Blackaller

Aikido of Puerto Vallarta
Puerto Vallarta, Mexico
Eric Jaracho, Raffi Badalian

Association D'Aikido Pour Demain
Paris, France
Cyril Danan

Aikikan
Rehovot, Israel
Ze'ev Erlich

Valladolid Aikido Dojo
Valladolid, Spain
Felix Ares

Veracruz Aikido Dojo
Vera Cruz, Mexico
Dr. Roberto Magallanes
Dr. Alvaro R. Hernández Meza

Marco Giuseppe Marangoni
Monza, Italy

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Welcome To The Aikido Center of Los Angeles



Aikido Center of Los Angeles

Joining The Dojo:

Becoming a member of the Dojo is very easy. Please come to observe any of our Open Beginning Classes. You do not need to call to make an appointment, just check our Training Schedule and Calendar of Events for the current times. After class, you may speak with one of the black belts or assistant instructors. To sign up, one needs to fill out the application form and pay the initial fees. Please note that there are no refunds, no exchanges or make-up classes. Discounted Family rates are available. Welcome for the Dojo!



Rev. Kensho Furuya, 6th Dan

Japanese Swords: Appraisal & Restoration

Expert appraisal on Japanese swords. Complete services for restoration of Japanese art swords and custom-ordered Iaito training sword. Services include polish, handle wrapping, scabbard lacquer work, special orders. By appointment only.

Our Dojo's 30th Year, 1974-2004.

Our dojo is dedicated to the practice of traditional Aikido as taught by the Founder of Aikido, Morihei Ueshiba and his legitimate successors, the late 2nd Doshu Kisshomaru Ueshiba and the present 3rd Doshu Moriteru Ueshiba.

You are very welcome to visit our beautiful, hand-crafted, traditional Japanese Dojo during posted training hours. All practicing Aikidoists are welcome to train with us or observe our training. Interested students and visiting Aikidoists are always welcome to join our practice. Directly affiliated with Aikikai Hombu, Tokyo.

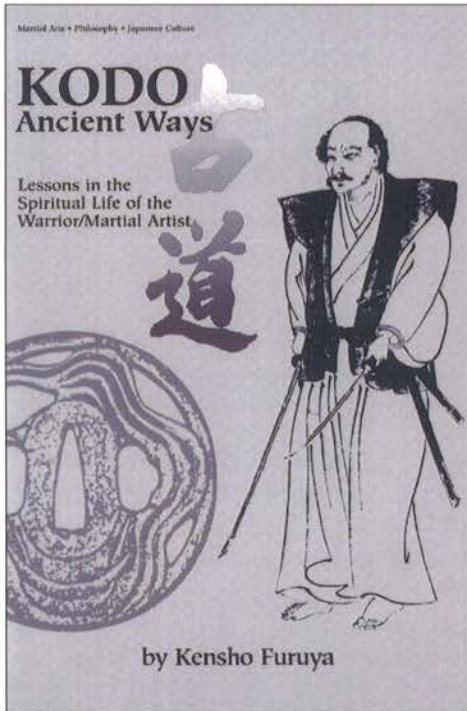
Please Visit Our Website:
www.aikidocenterla.com.



Japanese Swordsmanship: Muso Shinden Ryu & Toyama Ryu Iaido

We offer instruction in the traditional art of Iaido, the art of the Sword. Serious students are always welcome. Iaido demands a strong commitment of time, honor, perseverance and integrity. It is a spiritual art with a history and tradition of over fine hundred years. It is an art which is rapidly disappearing in our modern world today. We welcome all interested students to join our training. You will learn the proper etiquette and handling of the Samurai sword and its usage as a real weapon. This is not sword play, movie stunt action or performance-competition. This is a real, traditional martial art discipline.

RECOMMENDED: Ways: Lessons In The Spiritual Life of the Warrior-Martial Artist



KODO

Ancient Ways:
Lessons in the Spiritual
Life of the Warrior
Martial Artist

Rev. Kensho Furuya

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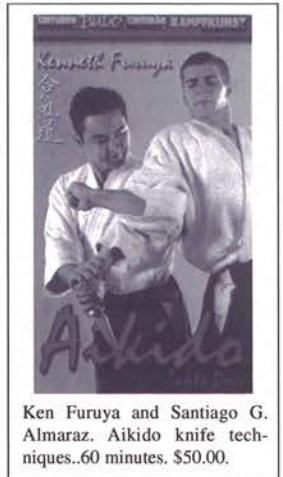
\$16.95 + \$3.00 S&H
Payable to Aikido Center of Los Angeles
Foreign postage: \$5.00 S&H

Our International Aikido Kodo-Kai.

We do accept all Branch Dojo affiliations with any dojo who practices and follows the Aiki Kai Hombu Dojo training, rules and standards. This also includes commitment to 3rd Doshu and the Ueshiba Family as the founding family and originator of our art. You are welcome to make inquiries by email or letter. Our purpose in this is to help and aid others in the correct practice of Hombu Aikido and to spread the correct interpretation of O'Sensei's teachings to the best of our abilities.

Requirements for Affiliation:

1. Practice correct Hombu Aikido with good spirit and energy.
2. Do not dabble in politics or intrigues. Please get along with each other in the dojo and other dojos in a friendly way.
3. Follow O'Sensei's and his Successors' Aikido with honesty and commitment, pursuing your training with the Beginner's Mind.
4. No competition. No unsuitable, blatant commercialism.
5. No drugs. No harmful abuse. No inappropriate behavior.



Ken Furuya and Santiago G. Almaraz. Aikido knife techniques..60 minutes. \$50.00.

Our Dojo's Mission:

We are not-for-profit, traditional Aikido dojo struggling to preserve the honored, old values and traditions of the art. We are always dedicated to maintaining the highest standards of the art in a Dojo which, itself is considered a work of art. With your continued understanding and support, we hope that you will dedicate yourself to your training and do your best to support the work of the Dojo. This is greatly, very greatly appreciated, Always, Aikido Center of Los Angeles, Rev. Kensho Furuya

All Black Belt Candidates & Senior Students Recommendations:

1. Please attend all intermediate & advanced classes. Maintain regular, consistent training schedule. Attendance is most important.
2. Please attend monthly early Morning Intensive. 6:30-8:00am. Early morning training is to honor O'Sensei's Memory and is required for all Black Belts..
3. Please attend and assist Sunday morning Children's Class. This is the best training to become a good Aikido instructor.
4. Please help with the opening and closing chores and keeping the dojo immaculately clean, neat and in good order.
5. Please be a good role model for junior students. Be helpful and friendly but modest and humble. Demonstrate by your actions, not words and idle chit-chat. Be a good example both on and off the mat.
6. You must develop good, strong, correct technique. Concentrate and master the fundamentals inside and out.
7. Please always keep in mind that Aikido is not competition in any form, in strength, rank, power, prestige, position, or social status. Practice correctness over strength.
8. Beyond physical technique, Aikido means goodness. Good technique does not come without good character. Practice benevolence in all aspects of training.

Life Learning:

Just because someone is very talented, young and strong, does not necessarily mean that they will be skillful in Aikido. Just because a person is slow with no athletic ability at all, does not necessarily mean that they will not do well in the art. Often, an average teacher can produce a very good student. Many times, a very good teacher cannot any good students at all. Teaching and learning do not go by any logical system nor can outcomes be predicted by a formula or reasoning. The human factor is always a major element in Aikido. More than going by material odds and ratios, we must emphasize these human qualities in practice. To be respectful, humble, hard working, loyal, compassionate, dedicated, helpful and all such qualities as these will determine the outcome of a student's training. Even a very strong, young student of exceptional skill will not do well or be respected if he does not have the qualities of respect, discipline, compassion and dedication. I think this is important to understand in all aspects of daily life.

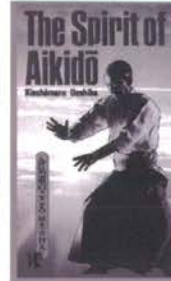
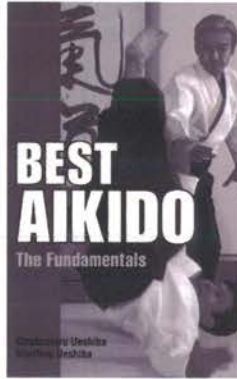
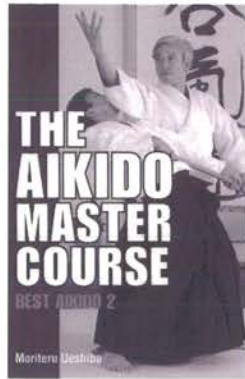
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Published by Rev. Kensho Furuya, The Aikido Center of Los Angeles, 940 E. 2nd Street #7, Los Angeles, CA 90012
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Sensei's
Recommended
Readings
On Aikido:

(Please use these
books and references
as a useful supple-
ment to your training
in our Dojo.)



In Japanese

規範 合気道 基本編

UESHIBA 植芝尚賢 著
MORITA 森田守央 著



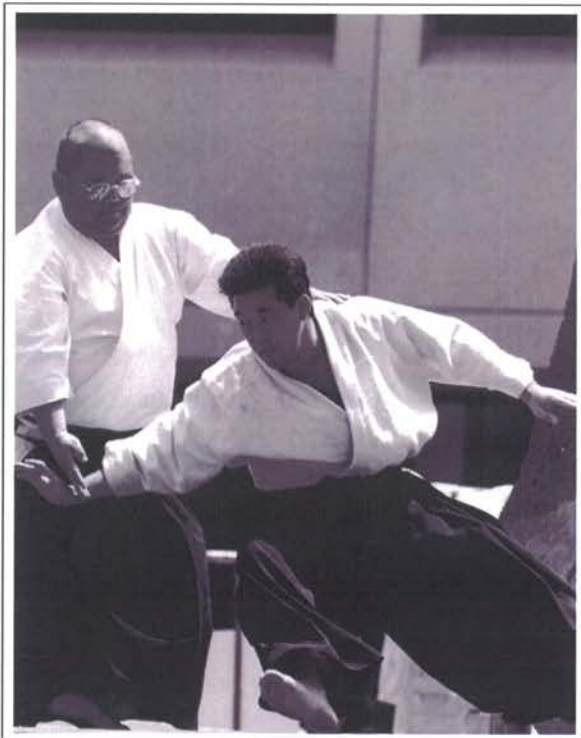
aikido
by Kisshomaru Ueshiba



Highly Recommended:

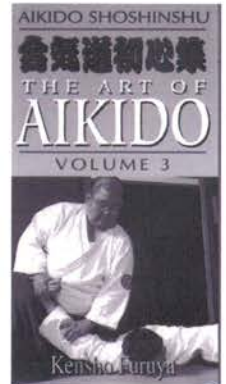
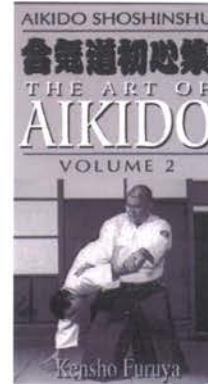
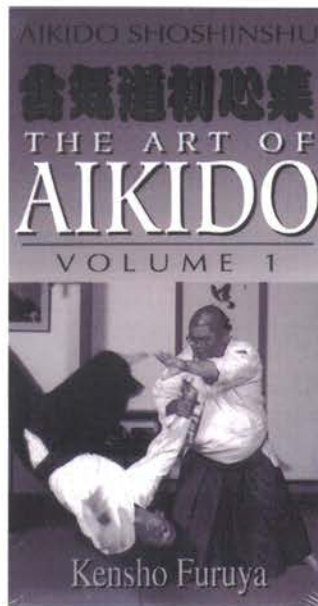
The Art of AIKIDO

Aikido Instructional Video Series in Nine Volumes



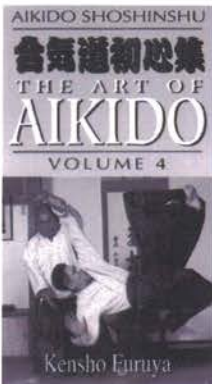
"Top Rated" Karate Illustrated "Impressive Scope" Aikido Today, "Exhaustive" Aikido Journal"

This video series is considered to be the most comprehensive and detailed instructional video on Aikido available today. Clear depiction of each technique and very detailed explanation of all of the fine points. Recommended for students, often used as an instructor's reference by many dojos.

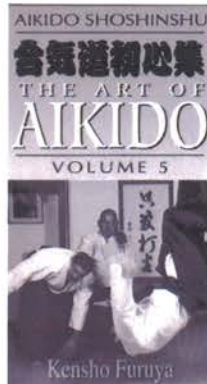


Basic Techniques
Throwing & Joint
Techniques, Ikkyo, Nikyo,
Sankyo, Yonkyo & Gokyo

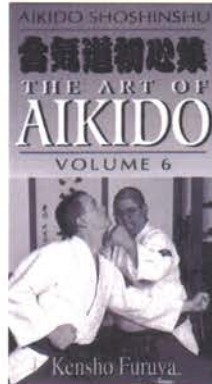
Ukemi-Breakfalling
Basics Continued
Free Style Techniques
Tenshin. Ki. Breathing.



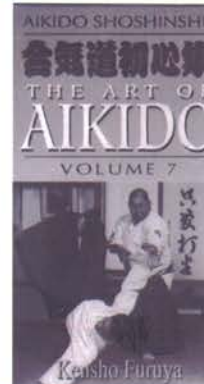
Katatetori Ryotemochi:
Ryotetori: 2-hand.
Reigi-sabo: Etiquette.
Koshinage-Hip throws.



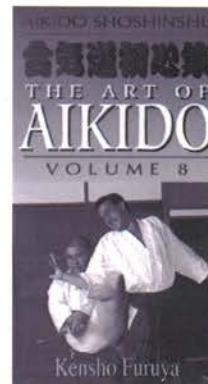
Suwari-waza. Gokyo.
Hanmi-handachi. Kokyu-
dosa. Katatori: Shoulder.
Multiple attackers.
Five-man Freestyle.



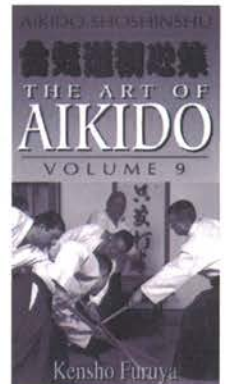
Tsuki: Strikes & Punches
Yokomenuchi: Strikes to
the side of the head &
neck.



Shomenuchi, Ushiro
Katatetori Kubishime:
Chokes from behind.
Ushiro Ryotetori,
Ryohijitori, Ryokatatori.



Atemi-waza: Striking
Defense against kicks.
Tanto-tori: Knife defense.
Aiki-ken: Sword Training
Fundamentals.



Jo: Basic long staff
Fundamentals.
Complete 1st Degree
Black Belt Examination

Aikido TRAINING SCHEDULE

AIKIDO for ADULTS

Sundays: Children's Class: 9:00-10:00am
Open Beginning: 10:15-11:15am

Mondays: Open Beginning: 5:15-6:15pm &
6:30-7:30pm.

Tuesdays: Open Beginning: 5:15-6:15pm
Intermediate 4th & Up: 6:30-7:30pm.

Wednesdays: Open Beginning: 5:15-6:15pm
& 6:30-7:30pm.

Thursdays: Open Beginning: 6:30-7:30pm
Beginning Weapons, Bring Bokken & Jo:
7:45-8:45pm, 4th Kyu & up.

Fridays: Open Beginning: 6:30-7:30pm.

Saturdays: Open Beginning: 9:30-10:30am.
Open Beginning: 10:30-11:30pm.
Every 4th Saturday: Intensive Aikido:
6:30-8:00am. 3rd Kyu & up only.

CHILDREN'S CLASSES

7-16 yrs old

Sunday Mornings 9:00 -10:00am

Affiliation

AIKIDO WORLD HEADQUARTERS

Aikido So-Hombu Dojo - Aikikai

17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, JAPAN

We are committed to the study and practice of the teachings of the Founder of Aikido, Morihei Ueshiba and his legitimate successors, Kisshomaru Ueshiba and the present Moriteru Ueshiba Doshu.

Aikido Center of Los Angeles

940 E. 2nd St. #7, Little Tokyo,
Los Angeles, CA 90012

Tel: (213) 687-3673

Email: aclafuruya@earthlink.net

www.aikidocenterla.com

Iaido TRAINING SCHEDULE

TRADITIONAL JAPANESE IAIDO SWORDSMANSHIP

Sunday Mornings: 7:45am-8:45am

Thursdays: 7:45-8:45pm (Weapons)

Saturday Mornings: 8:00am-9:00am

No Classes on the last weekend of the month.

Intensive Iaido Seminar

Every 2nd Saturday of the month.
6:30am-8:00am

Private Classes Available.

Finding Our Dojo:

We are endeavoring to maintain the highest standards of training while preserving the True Spirit of Aikido. We hope you will appreciate our efforts and undertake your training with devoted and committed energy. Your efforts, we believe, will be greatly rewarded. We welcome you to an ancient and profound art. We welcome you to our Dojo. Everyone, beginners and active Aikido students alike, are cordially welcome to join our training. Thank you.



We are convenient to most major freeways. Enter private lane at Vignes and 2nd Streets. We are one block west of Santa Fe Ave. and several blocks east of Alameda in Little Tokyo. The **Easiest Way:** From Alameda go east on 1st St and make right turn at Vignes. Do not turn on 2nd St. but go straight into the private lane. Look for the garden.