

The Aikido Center of Los Angeles, 940 2nd St. #7, Los Angeles, CA 90012. Tel: (213) 687-3673. Website: www.aikidocenterla.com.



The Aikido Center of Los Angeles LLC

忘れられた心を探す合気道 合気道場

The Aiki Dojo

Affiliation: The Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan

Rev. Kensho Furuya Foundation

Los Angeles Sword & Swordsmanship Society Kenshinkai

Nanka Yamanashi Kenjin Kai Southern California Yamanashi Prefectural Association

Los Angeles Police Department Martial Artist Advisory Panel

\$3.95
Donation

May 1, 2004

Volume XXIII. Number 5.

Our Grand 30th Anniversary Celebration

April 28, 2004. New Otani Hotel, Little Tokyo

There was a great deal of good energy and joy as over 100 people gathered at the Banquet Room of the Hotel New Otani in Little Tokyo for the 30th Anniversary of our Dojo and the 100th Anniversary of the Nanka Yamanashi Kenjinkai. Many friends, old and new, from here and all around the other side of the world, from Spain, Mexico and Puerto Vallarta and from Washington, DC, to come together in friendship and Aikido. Friendship hour began at 6:00pm, although many students arrived from 4:00pm to prepare the banquet room. Doors opened at 6:45pm to a few words of welcome from Furuya Sensei before our opening Kagami Biraki, breaking open the sake keg with several of our honored guests. After a toast by Mr. Takehiro "Tak" Nishi, President of the Kenjinkai Kyogikai, every one enjoyed a wonderful performance of Japanese classical dance by students of Madam Fujima Kansuma. The special dance was an ancient one entitled "Sambaso" especially picked by Furuya Sensei as a dance of happiness and celebration. The main dancer was one of Kansuma Sensei's senior students, Ms. Annie Yoshihara.



Right to Left: Hideo Yonemochi Sensei from Aikikai, Tokyo; Mr. Takehiro Nishi, President of the Kenjinkai Kyogikai, Mr. Noritoshi Kanai, President of Kyodo Boeki Mutual Trading Co.; Mr. Masaki Yokoyama, Representative of the Office of Consulate General of Japan, and Rev. Kensho Furuya Sensei. First toast after Kagami biraki breaking of the sake keg.

Following this, Los Angeles City Councilwoman, Mrs. Jan Perry made a special presentation of two Proclamations to Furuya Sensei for his contributions to the community and the City of Los Angeles, one to Sensei and one to the Dojo, the Aikido Center of Los Angeles.

All this was followed by a wonderful dinner. The Benediction was led by Bishop Gengo Akiba. Around the close of dinner as dessert was being served, a special treat of green tea ice cream topped with koshi-an, a kind of Japanese sweet red bean, we went in the second portion of our entertainment. Renowned musician and former member of the jazz band Hiroshima and a director of the Music Center, performed Japanese Festival Sounds. Auspiciously, this began with the blowing of the hora-gai, a trumpet made from a large conch shell, used to signal the beginning battle by Takeda Shingen for his troops long ago. This was followed by taiko drums and "Shi-shi mai" or Japanese lion dance - a traditional performance of celebration.





Johnny Mori Sensei performing at the Taiko.



Johnny Mori's group doing a traditional "Shi-shi Mai" or Lion Dance.

Another special treat was our student, Jake LaBotz, who performed a medley of authentic American country blues with the guitar. A great treat and extremely well-received by everyone.

Furuya Sensei then led everyone in a champagne toast to welcome all of our honored guests and friends and introduced our guest speakers. Our first speaker was Mr. Masaki Yokoyama of the Japanese Consulate of Japan, followed by Mr. Takehiro "Tak" Nishi, President of the Kenjinkai Kyogikai and Mr. Tatsushi Takahashi, Administrative Director of the Japanese Chamber of Commerce of Southern California. Furuya Sensei then introduced our Special Guest Speaker Mr. Hideo Yonemochi Sensei, 8th Dan from Aikikai Hombu Dojo, Tokyo, Japan, who made a special trip to be with us for this event. This was followed by words of thanks from Sensei as members of the Dojo passed out gift bags to each of our guests.

The whole event went very smoothly and Nana Fujimori, the coor-

dinator from the New Otani Hotel said, "Your event was perfect!" We received many happy compliments from everyone. Many thanks to our Celebration Chair, Carol Tanita and Cheryl Lew and Kaoru Tamura who spent a great deal of time to make each of the flower badges for our special guests by hand by herself.

Also a word of thanks to Michael Vance who helped Sensei with the printing of the 44-page program and to Gary Myers who built the stands for the flags and brought Sensei's antique screens for the stage.



Jake LaBotz singing country blues was also a great hit.

Special Guest Speakers:



Two Proclamations presented to Sensei by Los Angeles City Councilwoman, Mrs. Jan Perry. Mrs. Perry made a special visit to make the presentations.



The Reverend Bishop Gengo Akiba presented his greetings and the Benediction before the meal.



Mr. Masaki Yokoyama represented the Consulate General of Japan.



Mr. Tatsushi Takahashi, Administrative Director of the Japanese Chamber of Commerce of Southern California.



Mr. Tak Nishi, President of the Nanka Kenjinkai Kyogikai Prefectural Assc.



Hideo Yonemochi Sensei from Aikikai Hombu Dojo.

Celebrating 100 Anniversary of the Nanka Yamanashi Kenjinkai: Yamanashi Kenjinkai Members



Yamanashi Kenjinkai Members In Attendance:
Mrs. Tatsuko Sato
Mrs. Hisaya Hasegawa
Mrs. Marion Ichikawa
Mrs. Agnes Ichikawa
Mrs. Tokuko Ishikawa
Mrs. Chieko Kiuchi
Mrs. Naoko Yamaki
Mrs. Mayumi Zacher



Welcoming Mrs. Tatsuko Sato, Former President of the Yamanashi Kenjinkai, accompanied by her son.



Many members reported that they had the best time ever and that this was one of the best celebrations that they have ever attended. We are so happy that all the members had such a great time at such a significant occasion as this 100th Anniversary. Yamanashi people first came to this country in 1880. The first club was started in 1904 as the Koshu-kai. Sensei has been President for 10 years now. Sensei's grandfather, Morihei Furuya, served several terms as President in the 1960's and 1970's when the club had many hundreds of members.



Special Guests & Friends:



Los Angeles City
Councilwoman & Dojo Friend,



Our very Special Guests, Madam Fujima Kansuma, leading teacher of Japanese classical dance and Hideo Yonemochi Sensei, 8th Dan, and Managing Director of the Aikikai Foundation from Tokyo, Japan.



Mr. Chester Ikei, Manager of the New Otani Hotel with Carol Tanita, Celebration Chairwoman and student, Steven Shaw.



Left to right: Reverend Bishop Gengo Akiba of the North American Hdqtrs of Soto Zen Buddhism, Mrs. Kumi Wakayashi of the Miyako Inn and Rev. Shumyo Kojima of Zenshuji Soto Mission.



Nick Kiritz Sensei from Washington, DC, made a special half-day trip to be with us. With Kenny Furuya and David Ito.

A Special Word of Thanks to Ms. Annie Yoshihara and students of Madam Kansuma and the students of Johnny Mori. I would also like say thanks to Joyce Wakano Chinn of the Nisei Week Festival and to

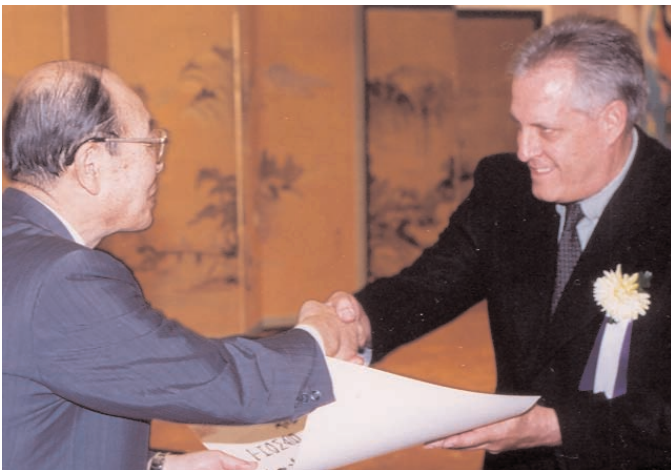
Sifu Harry Wong of CFW Enterprises for joining us for our celebration. Also a word of thanks for Minoru Tonai, Director of the JACCC and Ken Kasamatesu, President of the Pacific Commerce Bank.

Dan Presentation Ceremony



Yonemochi Sensei presented recent Dan Promotions after his greetings. Left to right: Lisa Ito-Shodan, Michael Vance-Shodan, Jeff Johnson-Sandan, Cheryl Lew-Yodan, Tom Williams-Yodan and Ken Watanabe-Godan.

Students & Friends



Tom Williams receiving congratulations from Yonemochi Sensei. Tom is also the Chief Instructor of our Hacienda La Puente Dojo.



Yonemochi Sensei with James Doi and wife, Joan.



Ken Watanabe receiving 5th Dan from Yonemochi Sensei. Dan Ranks are from Hombu Dojo. Ken Watanabe is one of Sensei's senior instructors and senior uchi-deshi.



Jonathan Altman and friend, Victoria Panzerella.

Aikido Center of Los Angeles
www.aikidocenterla.com



Mark Ty, Steven Shaw, Michael Vance & wife, Jude.



David Ito, Jeff Johnson & Raffi Badalian from Puerto Vallarta.



James Takata & Jim Basset.



Mr. & Mrs. Bill Allen & Maria Ferrarri and friend, John Tumlin.



Carol Tanita & Santiago Garcia Almaraz from Salamanca, Spain.



Mrs. & Mrs. Jim MacDonald



Nicholas Tanita & Tom Williams.



Andrei Maria and friend, Janine Sandefar.



Pre-Celebration Preparation



Aikido Center of Los Angeles

www.aikidocenterla.com

Many Thanks To Honored Friends

*Honorable Senator Daniel Inouye
Washington, DC*

Consul General of Japan, Honorable Yoshio Nomoto

Mr. Masaki Yokoyama, Office Consul. Gene. Japan

LA Councilwoman, Mrs. Jan Perry

*Mr. Hideo Yonemochi
Managing Director Aikikai
Aikido World Headquarters, Tokyo, Japan*

*Mr. Takehiro Tak Nishi
President, Kenjinkai Kyogikai*

*Mr. Tatsushi Takahashi
Administrative Dir., Japanese Chamber of Commerce*

*Bishop Gengo Akiba
North American Hdqtrs Soto Zen Buddhism*

Madam Fujima Kansuma, Kansuma Kai

*Johnny Mori
Activities Director JACCC, Festival Sounds of Japan*

Jake LaBotz

*Mr. Frances Hashimoto
President, Little Tokyo Businessmen's Assc.*

*Mr. & Mrs. Noritoshi Kanai
Former President, So. Calif. Japanese Chamber of
Commerce, Mutual Trading Co.*

David Kudo, Publisher, Sushi & Tofu Magazine

*Mrs. Tatsuko Sato
Former President, Nanka Yamanashi Kenjinkai*

Rev. Shumyo Kojima, Zenshuji Soto Mission

Mr. Chris Komai, Japanese American Nat'l Museum

Mr. Mickey Komai, Publisher, Rafu Shimpo

Mr. Nick Kiritz, Washington, DC

Grandmaster Sifu Adam Hsu, Taipei, Taiwan

Sifu Harry Wong, CFW Enterprises

Echardt Hemkemeier, Hamburg, Germany

Mr. & Mrs. William Allen

*Ms. Kaoru Tamura
(Flower Badges)*

Many Thanks To Hideo Yonemochi



Our greatest appreciation to Yonemochi Sensei for all of his support and guidance and taking time for his many heavy duties at Aikikai to be with us for our 30th Anniversary Celebration.

Mr. Ken Watanabe

Mr. Mark Ty

Mr. Gary Myers

Mr. Chester Ikei, Director, New Otani Hotel

*Mrs. Nana Fujimori, New Otani Hotel
(Banquet Hall Arrangements)*

New Otani Hotel Staff

*Haru Florists
(Floral Arrangements)*

*Mr. Tatsushi Nakamura Sensei, Shodo
(Calligraphy)*

Mikawayama Japanese Confections

Pacific Commerce Bank

Emerson's Catering

Rafu Bussan

Many members of the Nanka Yamanashi Kenjinkai

Member Nanka Kenjinkai Kyogikai

Students & Friends Aikido Center of Los Angeles

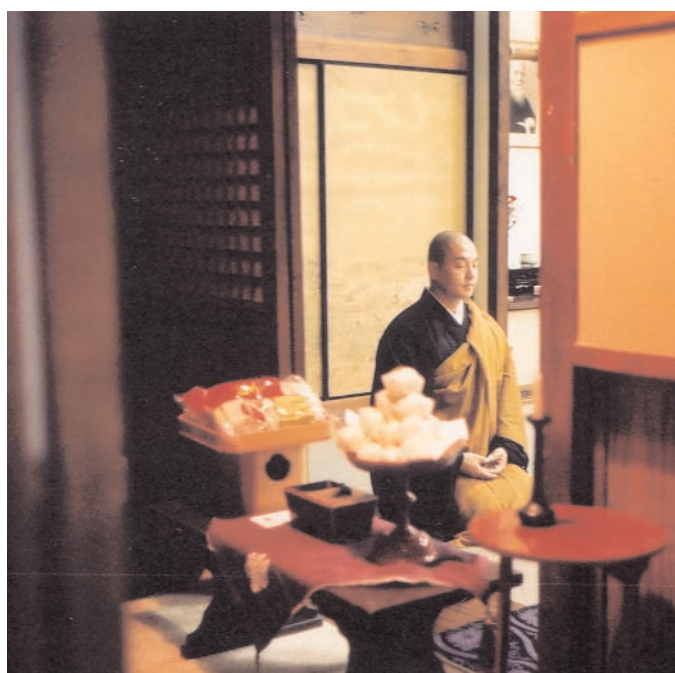
**April 26. O'Sensei's & 2nd Doshu
Kisshomaru Ueshiba Sensei's
Annual Memorial Service.**



Butsudan in the Dojo is prepared for Annual Memorial Service.



Rev. Kojima of Zenshuji Soto Mission conducted the Annual Service.



Kojima Sensei a few minutes before the service begins.

Sensei & Mr. Ken Watanabe met Yonemochi Sensei at the LAX Airport in the morning on April 26th and took him to the hotel for a short rest after lunch at Sushi Gen in Little Tokyo. We were honored that Yonemochi Sensei could join us in our Memorial Service this year.

Yonemochi Sensei arrived on April 26th, the 36th anniversary of O'Sensei's passing and taught class both on April 27th & 29th, the days before and after the Celebration on the 28th.

We were also happy that both students from Spain and Mexico were also able to attend one of the most important annual events the Dojo conducts each year. It was the first time that they experienced a formal service for both O'Sensei and 2nd Doshu Kisshomaru Ueshiba Sensei.

Rev. Shumyo Kojima of the Zenshuji Soto Mission conducted the service reading the Hannya Shingyo and delivered a short sermon afterwards about those who have passed on before us still live within us if we keep their memories alive.

Yonemochi Sensei retired early from his long trip from Tokyo and the Memorial Service on the same day to get ready for the busy week ahead. Sensei safely returned to Japan on Friday, April 30th.



Santiago offering incense.



Ken Watanabe instructing one of the students from Mexico on the proper way to offer incense. Four students from Mexico arrived on the afternoon of April 26 the took a taxi from LAX to the Dojo just in time for the Memorial Service. For several, it was there first time to visit the Dojo and to experience such a ceremony.

The group from Mexico stayed from April 26th through April 30th, returning the morning after Yonemochi Sensei's 2nd practice and the same day as Yonemochi Sensei's return to Japan.



Although Yonemochi Sensei missed the annual Memorial Service at the Aiki Shrine in Iwama which is under his supervision and was attended by over 1,200 guests this year on April 28th, he was able to attend our formal service here in the Dojo and offer incense. This made both he and Furuya Sensei very happy.



After the service, Kojima Sensei delivered a sermon to the students.

Upcoming June Newsletter Issue:

30th Anniversary Celebration Part 2.

Seminar with Yonemochi Sensei

Guests from Spain & Mexico

30th Anniversary Programs

We do have a few 30th Anniversary Programs left on sale for \$25.00 each. (Cost of printing was \$17.00.)

Upcoming Events

May 29-30. Dojo Clean-up 2nd & 3rd Floors. In preparation for upcoming photo shoot in the Dojo.

May 31. Memorial Day. Regular Class Schedule.

June 5th. Photo Shoot for "Los Angeles Loft Living." No Iaido or Aikido classes will be scheduled for today,

Lotus Festival. In Echo Park. July 10-11th.

Annual Nisei Week Festival. In the Dojo. August 7-8th.

Dojo Newsletter Subscriptions

If you wish to continue receiving our Dojo Newsletter, please send in a small donation to cover the costs of printing and shipping. Due to the rising expense of publication, we will be limiting our mailing list to paid subscribers only. Many thanks for your attention in this matter.

Do: The Path

People can be very motivated if there is something to gain. This is true of all physical training and effort.

To be motivated and dedicated to something in which there is no merit or benefit at all, is the essence of all spiritual training.

If you compare yourself to others, you will lose sight of the Way. If you compare everything to the Way, you will find yourself all alone. . . . Enlightenment is the true battle of "the self making the self into the self."

Visit Our Website Daily
www.aikidocenterla.com
For Sensei's Daily Message

The Furuya Foundation:

Mr. Ken Watanabe - President

Mr. Gary Myers - Secretary

Mr. Mark Ty - Treasurer

Dr. Cheryl Lew - Senior Counsel

Mr. Jonathan Altman - Legal Counsel

The Furuya Foundation is dedicated to preserving the Dojo and its continued operation maintaining the highest standards of practice and the work of Furuya Sensei in research and education in Aikido, the traditional Japanese sword & related arts and their history, culture and traditions. Your donations & contributions are welcome.

Affiliated Branch Dojos

Aikido Kodokai

Salamanca, Spain

Santiago Garcia Almaraz

Hacienda La Puente Aikikai

La Puente, California

Tom Williams

Wyoming Aikikai

Sheridan, Wyoming

Tom McIntrye

Bahamas Aikikai

Grand Freeport, Bahamas

Seymour Clay

Jalisco Aikikai

Jalisco, Mexico

Eric Jaracho

Aikido of Guadalajara

Guadalajara, Mexico

Raul Blackaller

Aikido of Puerto Vallarta

Puerto Vallarta, Mexico

Eric Jaracho, Raffi Badalian

Association D'Aikido Pour Demain

Paris, France

Cyril Danan

Aikikan

Rehovot, Israel

Ze'ev Erlich

Valladolid Aikido Dojo

Valladolid, Spain

Felix Ares

Veracruz Aikido Dojo

Vera Cruz, Mexico

Dr. Roberto Magallanes

Dr. Alvaro R. Hernández Meza

Marco Giuseppe Marangoni

Monza, Italy

Welcome To The Aikido Center of Los Angeles



Aikido Center of Los Angeles

Our Dojo's 30th Year, 1974-2004.

Our dojo is dedicated to the practice of traditional Aikido as taught by the Founder of Aikido, Morihei Ueshiba and his legitimate successors, the late 2nd Doshu Kisshomaru Ueshiba and the present 3rd Doshu Moriteru Ueshiba.

You are very welcome to visit our beautiful, hand-crafted, traditional Japanese Dojo during posted training hours. All practicing Aikidoists are welcome to train with us or observe our training. Interested students and visiting Aikidoists are always welcome to join our practice. Directly affiliated with Aikikai Hombu, Tokyo.

**Please Visit Our Website:
www.aikidocenterla.com.**

Joining The Dojo:

Becoming a member of the Dojo is very easy. Please come to observe any of our Open Beginning Classes. You do not need to call to make an appointment, just check our Training Schedule and Calendar of Events for the current times. After class, you may speak with one of the black belts or assistant instructors. To sign up, one needs to fill out the application form and pay the initial fees. Please note that there are no refunds, no exchanges or make-up classes. Discounted Family rates are available. Welcome for the Dojo!



Rev. Kensho Furuya, 6th Dan

Japanese Swords: Appraisal & Restoration

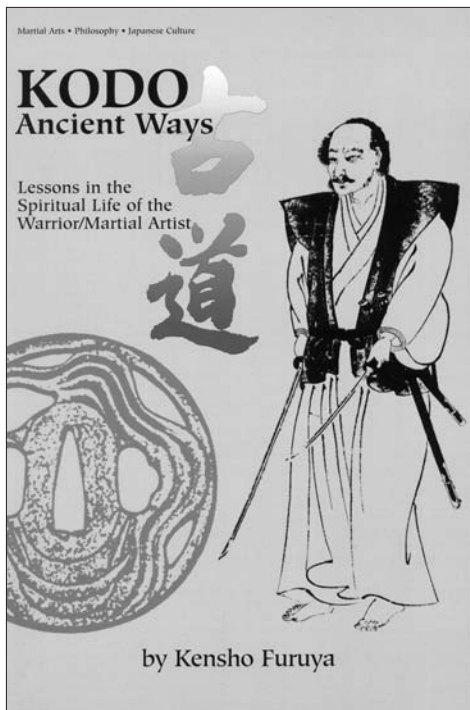
Expert appraisal on Japanese swords. Complete services for restoration of Japanese art swords and custom-ordered Iaito training sword. Services include polish, handle wrapping, scabbard lacquer work, special orders. By appointment only.



Japanese Swordsmanship: Muso Shinden Ryu & Toyama Ryu Iaido

We offer instruction in the traditional art of Iaido, the art of the Sword. Serious students are always welcome. Iaido demands a strong commitment of time, honor, perseverance and integrity. It is a spiritual art with a history and tradition of over fine hundred years. It is an art which is rapidly disappearing in our modern world today. We welcome all interested students to join our training. You will learn the proper etiquette and handling of the Samurai sword and its usage as a real weapon. This is not sword play, movie stunt action or performance-competition. This is a real, traditional martial art discipline.

RECOMMENDED: Ways: Lessons In The Spiritual Life of the Warrior-Martial Artist



KODO

Ancient Ways: Lessons in the Spiritual Life of the Warrior Martial Artist

Rev. Kensho Furuya

Please place your orders through:
Aikido Center of Los Angeles,
940 E. 2nd St., #7, LA, CA 90012

\$16.95 + \$3.00 S&H
Payable to Aikido Center of Los Angeles
Foreign postage: \$5.00 S&H

Our International Aikido Kodo-Kai.

We do accept all Branch Dojo affiliations with any dojo who practices and follows the Aiki Kai Hombu Dojo training, rules and standards. This also includes commitment to 3rd Doshu and the Ueshiba Family as the founding family and originator of our art. You are welcome to make inquires by email or letter. Our purpose in this is to help and aid others in the correct practice of Hombu Aikido and to spread the correct interpretation of O'Sensei's teachings to the best of our abilities.

Requirements for Affiliation:

1. Practice correct Hombu Aikido with good spirit and energy.
2. Do not dabble in politics or intrigues. Please get along with each other in the dojo and other dojos in a friendly way.
3. Follow O'Sensei's and his Successors' Aikido with honesty and commitment, pursuing your training with the Beginner's Mind.
4. No competition. No unsuitable, blatant commercialism.
5. No drugs. No harmful abuse. No inappropriate behavior.

Our Dojo's Mission:

We are not-for-profit, traditional Aikido dojo struggling to preserve the honored, old values and traditions of the art. We are always dedicated to maintaining the highest standards of the art in a Dojo which, itself is considered a work of art. With your continued understanding and support, we hope that you will dedicate yourself to your training and do your best to support the work of the Dojo. This is greatly, very greatly appreciated, Always, Aikido Center of Los Angeles, Rev. Kensho Furuya

All Black Belt Candidates & Senior Students Recommendations:

1. Please attend all intermediate & advanced classes. Maintain regular, consistent training schedule. Attendance is most important.
2. Please attend monthly early Morning Intensive. 6:30-8:00am. Early morning training is to honor O'Sensei's Memory and is required for all Black Belts..
3. Please attend and assist Sunday morning Children's Class. This is the best training to become a good Aikido instructor.
4. Please help with the opening and closing chores and keeping the dojo immaculately clean, neat and in good order.
5. Please be a good role model for junior students. Be helpful and friendly but modest and humble. Demonstrate by your actions, not words and idle chit-chat. Be a good example both on and off the mat.
6. You must develop good, strong, correct technique. Concentrate and master the fundamentals inside and out.
7. Please always keep in mind that Aikido is not competition in any form, in strength, rank, power, prestige, position, or social status. Practice correctness over strength.
8. Beyond physical technique, Aikido means goodness. Good technique does not come without good character. Practice benevolence in all aspects of training.



Ken Furuya and Santiago G. Almaraz. Aikido knife techniques..60 minutes. \$50.00.

Life Learning:

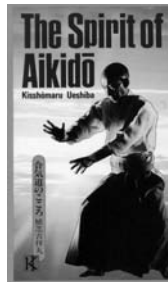
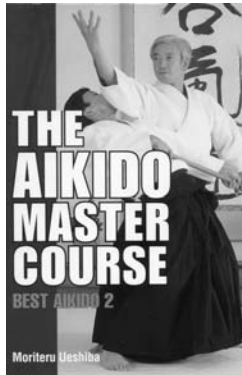
Just because someone is very talented, young and strong, does not necessarily mean that they will be skillful in Aikido. Just because a person is slow with no athletic ability at all, does not necessarily mean that they will not do well in the art. Often, an average teacher can produce a very good student. Many times, a very good teacher cannot any good students at all. Teaching and learning do not go by any logical system nor can outcomes be predicted by a formula or reasoning. The human factor is always a major element in Aikido. More than going by material odds and ratios, we must emphasize these human qualities in practice. To be respectful, humble, hard working, loyal, compassionate, dedicated, helpful and all such qualities as these will determine the outcome of a student's training. Even a very strong, young student of exceptional skill will not do well or be respected if he does not have the qualities of respect, discipline, compassion and dedication. I think this is important to understand in all aspects of daily life.

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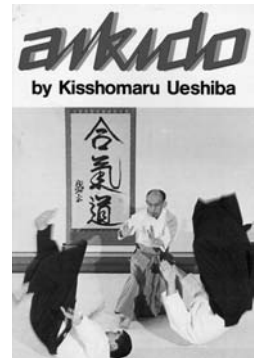
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Tel: (213) 687-3673. Email: aclafuruya@earthlink.net

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Sensei's
Recommended
Readings
On Aikido:
(Please use these
books and references
as a useful supple-
ment to your training
in our Dojo.)



In Japanese

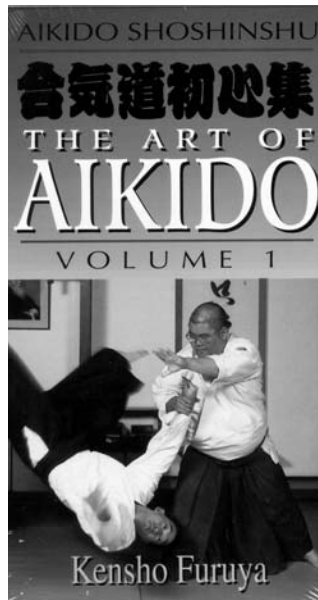


Highly Recommended:

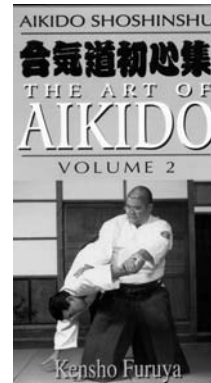
The Art of AIKIDO

Aikido Instructional Video Series in Nine Volumes

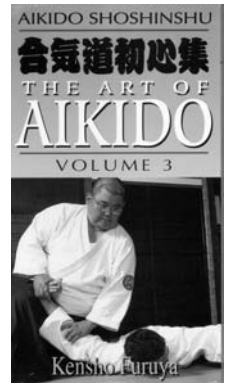
"Top Rated" Karate Illustrated "Impressive Scope" Aikido Today, "Exhaustive" Aikido Journal "



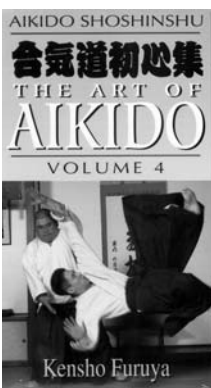
This video series is considered to be the most comprehensive and detailed instructional video on Aikido available today. Clear depiction of each technique and very detailed explanation of all of the fine points. Recommended for students, often used as an instructor's reference by many dojos.



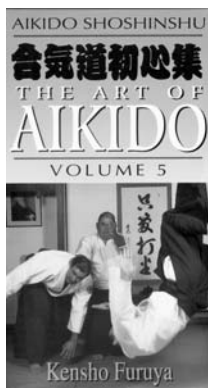
Basic Techniques
Throwing & Joint
Techniques, Ikkyo, Nikyo,
Sankyo, Yonkyo & Gokyo



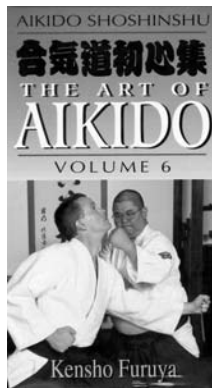
Ukemi-Breakfalling
Basics Continued
Free Style Techniques
Tenshin, Ki, Breathing.



Katatetori Ryotemochi:
Ryotetori: 2-hand.
Reigi-saho: Etiquette.
Koshinage-Hip throws.



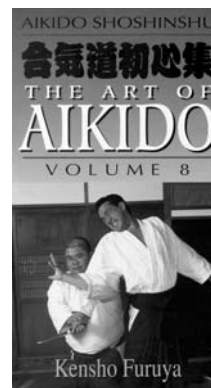
Suwari-waza, Gokyo.
Hanmi-handachi, Kokyudo.
Katatori: Shoulder.
Multiple attackers.
Five-man Freestyle.



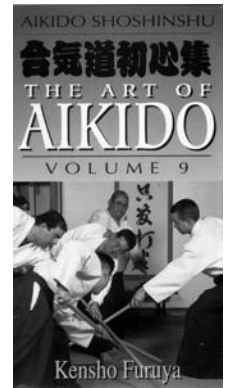
Tsuki: Strikes & Punches
Yokomenuchi: Strikes to
the side of the head &
neck.



Shomenuchi, Ushiro
Katatetori Kubishime:
Chokes from behind.
Ushiro Ryotetori,
Ryohijitori, Ryokatatori.



Atemi-waza: Striking
Defense against kicks.
Tanto-tori: Knife defense.
Aiki-ken: Sword Training
Fundamentals.



Jo: Basic long staff
Fundamentals.
Complete 1st Degree
Black Belt Examination

Aikido TRAINING SCHEDULE

AIKIDO for ADULTS

Sundays: Children's Class: 9:00-10:00am

Open Beginning: 10:15-11:15am

Mondays: Open Beginning: 5:15-6:15pm &
6:30-7:30pm.

Tuesdays: Open Beginning: 5:15-6:15pm
Intermediate 4th & Up: 6:30-7:30pm.

Wednesdays: Open Beginning: 5:15 6:15pm
& 6:30-7:30pm.

Thursdays: Open Beginning: 6:30-7:30pm
Beginning Weapons, Bring Bokken & Jo:
7:45-8:45pm, 4th Kyu & up.

Fridays: Open Beginning: 6:30-7:30pm.

Saturdays: Open Beginning: 9:30-10:30am.
Open Beginning: 10:30-11:30pm.
Every 4th Saturday: Intensive Aikido:
6:30-8:00am. 3rd Kyu & up only.

CHILDREN'S CLASSES

7- 16 yrs old

Sunday Mornings 9:00 -10:00am

Affiliation

AIKIDO WORLD HEADQUARTERS

Aikido So-Hombu Dojo - Aikikai

17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, JAPAN

We are committed to the study and practice of the teachings of the Founder of Aikido, Morihei Ueshiba and his legitimate successors, Kisshomaru Ueshiba and the present Moriteru Ueshiba Doshu.

Aikido Center of Los Angeles

940 E. 2nd St. #7, Little Tokyo,

Los Angeles, CA 90012

Tel: (213) 687-3673

Email: aclafuruya@earthlink.net

www.aikidocenterla.com

Iaido TRAINING SCHEDULE

TRADITIONAL JAPANESE IAIDO SWORDSMANSHIP

Sunday Mornings: 7:45am-8:45am

Thursdays: 7:45-8:45pm (Weapons)

Saturday Mornings: 8:00am-9:00am

No Classes on the last weekend of the month.

Intensive Iaido Seminar

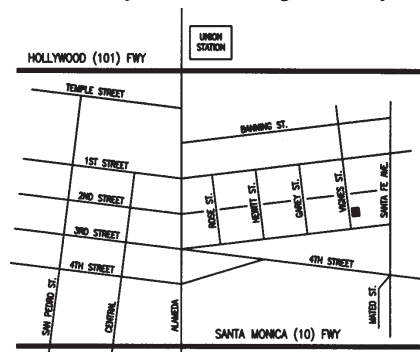
Every 2nd Saturday of the month.

6:30am-8:00am

Private Classes Available.

Finding Our Dojo:

We are endeavoring to maintain the highest standards of training while preserving the True Spirit of Aikido. We hope you will appreciate our efforts and undertake your training with devoted and committed energy. Your efforts, we believe, will be greatly rewarded. We welcome you to an ancient and profound art. We welcome you to our Dojo. Everyone, beginners and active Aikido students alike, are cordially welcome to join our training. Thank you.



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940 EAST 2ND STREET #7, LOS ANGELES, CA 90012
LITTLE TOKYO, DOWNTOWN LOS ANGELES
(213) 687-3673



We are convenient to most major freeways. Enter private lane at Vignes and 2nd Streets. We are one block west of Santa Fe Ave. and several blocks east of Alameda in Little Tokyo. The **Easiest Way:** From Alameda go east on 1st St and make right turn at Vignes. Do not turn on 2nd St. but go straight into the private lane. Look for the garden.