

The Aikido Center of Los Angeles LLC, 940 2nd St. #7, Los Angeles, CA 90012. Tel: (213) 687-3673. Website: www.aikidocenterla.com.



# The Aikido Center of Los Angeles

## 道の為、世の為、人の為 合気道

# The Aiki Dojo

Direct Affiliation: The Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan  
Rev. Kensho Furuya Foundation  
Los Angeles Sword & Swordsmanship Society Kenshinkai

July 2007

Volume XXVI Number 7

# We are Moving!

The Aikido Center of Los Angeles opened its door over twenty-three years ago at 940 East 2nd Street in Los Angeles. For the 10 years prior to that, the dojo shared a space with a school of gymnastics, located in Hollywood. Furuya Sensei anticipated that the Little Tokyo/Downtown Los Angeles area would flourish. Unfortunately, the surrounding area has been engulfed by "new urbanism" and the building housing our dojo has fallen victim to redevelopment. The 100 year-old plus building that at one time was home to an eclectic group of artists and craftsmen now lacks character, just like every other condo in downtown Los Angeles. Although we still had eight years left on our lease, the building owner is turning the entire building into condominiums. By the time that our July issue of *The Aiki Dojo* is published, we will have signed the final version of our lease termination agreement. In all fairness, the developer of the 940 East 2nd Street building is working with us to create a new, larger dojo with many modern



The New Dojo will be built a block away from the Cornfield

amenities that we were lacking. The developer will be paying for over ninety percent of the cost of the new dojo.

We will be temporarily moving across the street to 929 East 2nd Street #107 for several months while the new dojo is completed one and a half miles north of the temporary location at 1211 North Main Street, next to the Los Angeles "Cornfield," just outside of Chinatown. The "Cornfield," previously not used for any other purpose than its name suggests, has been redeveloped into a historical state park.

The redevelopment of an area or building can profoundly impact a

community. On one hand, there are artisans, small businesses, and one small dojo that become displaced through redevelopment. On the other hand, in a different part of the city close by, new opportunities form for literally thousands of children to play in a park, where their nearby elementary, middle, and high schools do not even possess a single blade of grass. We must adapt and keep going. Furuya Sensei strategically chose the new location to catch a new wave of potential students through the redevelopment of the city of Los Angeles.

It is with excitement that we accept our new lease and move forward. The new dojo will unequivocally maintain the spirit of our old dojo, while increasing the capacity for training and providing more conveniences, such as having more than one shower! As the summer heats up, I look forward to acclimating to the constantly changing conditions and to train in our new dojo very soon.

-Kenneth Masami Furuya

## The New Dojo

by Jeff Wheeler

For decades we have been fortunate to train in a handcrafted dojo built under Furuya Sensei's direction and in the style of a 16th century samurai mansion.

All things change with time and so it is with our dojo. The new owner of the 940 E. 2nd Street building is converting the entire building into condominiums. As we approached the need to relocate, Furuya Sensei sought a new space which had the potential to be imbued with the spirit, presence and beauty of the residence and school he had built over a span of over twenty years.

The illustrations here are all architectural renderings of the new dojo which were prepared for Sensei.

Key structural elements such as the tokonoma and tea ceremony rooms will be deconstructed from our original school and reconstructed in the new location. The myriad antique ramma, shoji, screens, scrolls, tansu, panels and original architectural elements will all be used to the fullest extent in the new structure.

Utilizing as much of the existing wood as possible has special meaning not only because we will be conserving the environment, we will be transferring the spirit of our dojo, the dojo

that was built by our teacher.

The new dojo groundbreaking was blessed by Reverend Alfred Tsuyuki of the Konko Church in April of this year. Dr. Tsuyuki performed a traditional Japanese Shinto spiritual purification ground breaking that is common in Japan and here in Southern California for Japanese influenced buildings and structures. Deconstruction of our original dojo is currently in its early stages as is the preparation of the new space.

We do not expect the new location to be able to accommodate the remarkable flourishing garden and entry Sensei created and nurtured. There will still be an "area of transition" incorporated in the entry which symbolizes a path and transitioning from the outside world to that of the dojo.

The main floor will be home to the reconstructed tokonoma, tea rooms, a meeting room, dressing rooms, bathrooms, and a larger mat area for practice. The second floor will host the office, kitchen, additional bathroom, and library.

While the construction of the new dojo is being completed we



will temporarily be across the street from our current location.

The new dojo is located at 1211 N. Main Street just one and a half miles north of our old dojo. Please see our home page for our current address and directions.

## Happy Birthday!

Hideo Yonemochi Sensei  
Amin Abdi  
Michael Vance  
Mohammed Anwar

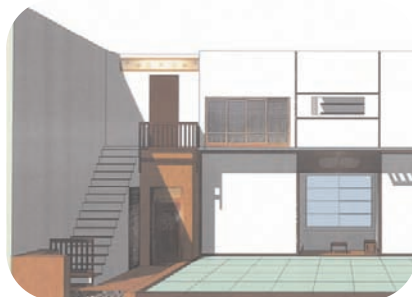
## The Kensho Furuya Foundation:

**Mr. Mark Ty - President**  
**Mr. David Ito - Vice-President**  
**Mr. Gary Myers - Secretary**  
**Mr. Bill Allen - Treasurer**  
**Mr. Jonathan Altman - Legal**  
**Mr. Michael Vance - Publishing**

The Furuya Foundation is dedicated to preserving the Dojo and its continued operation maintaining the highest standards of practice and the work of Furuya Sensei in research and education in Aikido, the traditional Japanese sword and related arts.

## *The Aiki Dojo*

Publisher  
Michael Vance  
Editor-in-Chief  
Gary Myers  
Assistant Editor-in-Chief  
Jacob Sisk



## Aikido Center of Los Angeles:

*We are not-for-profit, traditional Aikido dojo dedicated to preserve the honored values and traditions of the art. We are continually focused on maintaining the highest standards of the art in a Dojo which, itself is considered a work of art. With your continued understanding and support, we hope that you will dedicate yourself to your training, enjoying all the benefits Aikido can offer.*

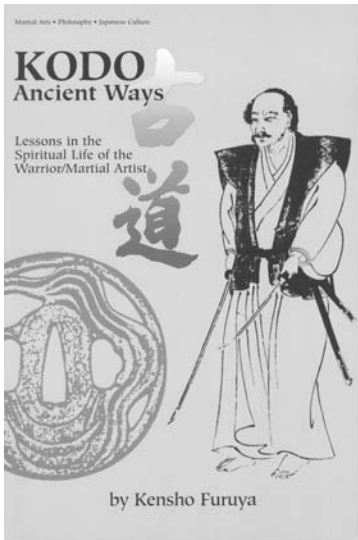
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[www.aikidocenterla.com](http://www.aikidocenterla.com)

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## Publications By Kensho Furuya:

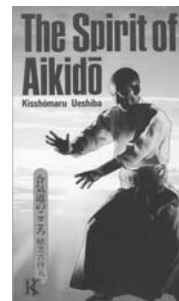
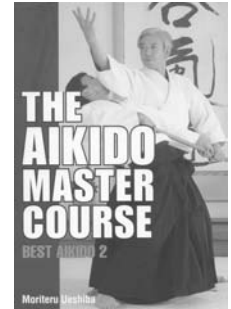
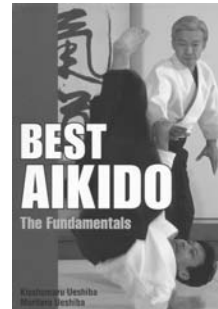


### **Kodo: Ancient Ways: Lessons In The Spiritual Life Of the Warrior**

By Kensho Furuya  
\$16.95 plus tax.

Highly recommended  
for all students of the  
dojo.

## Recommended Readings:

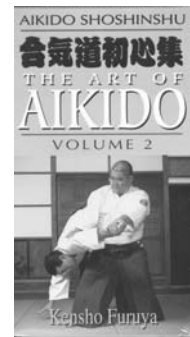


# The Art of AIKIDO

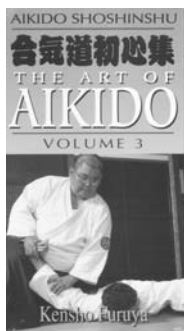
Instructional Video Series s Now Available in a new DVD format.

*"Top Rated" Karate Illustrated*  
*"Impressive Scope" Aikido Today,*  
*"Exhaustive" Aikido Journal" "Best*  
*in the English language on the mar-*  
*ket today," Budovideos.com.*

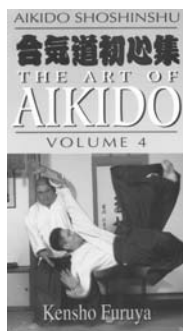
This video series is considered to be the most comprehensive and detailed instructional video on Aikido available today. Clear depiction of each technique and very detailed explanation of all of the fine points.



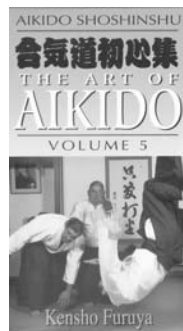
Basic Techniques  
Throwing & Joint  
Techniques, Ikkyo, Nikyo,  
Sankyo, Yonkyo & Gokyo



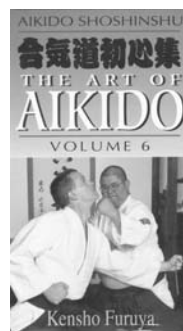
Ukemi-Breakfalling  
Basics Continued  
Free Style Techniques  
Tenshin. Ki. Breathing.



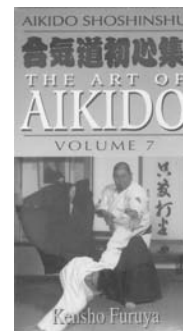
Katatetori Ryotemochi:  
Ryotetori: 2-hand.  
Reigi-saho: Etiquette.  
Koshinage-Hip throws.



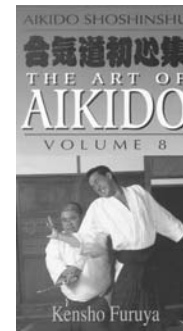
Suwari-waza. Gokyo.  
Hanmi-handachi. Kokyudosa. Katatori: Shoulder.  
Multiple attackers.  
Five-man Freestyle.



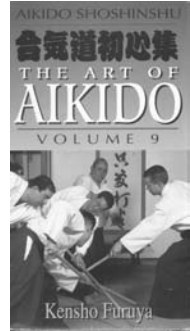
Tsuki: Strikes &  
Punches  
Yokomenuchi: Strikes  
to the side of the head &  
neck.



Shomenuchi,Ushiro  
Katatetori Kubishime:  
Chokes from behind.  
Ushiro Ryotetori,  
Ryohijitori, Ryokatatori.



Atemi-waza: Striking  
Defense against kicks.  
Tanto-tori: Knife  
defense.Aiki-ken:  
Sword Training



Jo: Basic long staff  
Fundamentals.  
  
Complete 1st Degree  
Black Belt Examination

# Aikido TRAINING SCHEDULE

**Sundays:** Children's Class: 9:00-10:00am.  
Open - All Levels: 10:15-11:15am.

**Mondays:** Fundamentals: 5:15-6:15pm.  
Open - All levels: 6:30-7:30pm.  
Aiki Weapons: 7:45 - 8:30pm

**Tuesdays:** Open - All Levels: 6:30 - 7:30am.  
Open - 6:30 - 7:30pm

**Wednesdays:** Fundamentals: 5:15- 6:15pm.  
Open - 6:30 - 7:30pm  
Aiki Weapons: 7:45 - 8:30pm

**Thursdays:** Open - All levels: 6:30 - 7:30am  
Open - All levels: 5:15-6:15pm.  
Bokken 6:30-7:30pm.

**Fridays:** Fundamentals 5:15-6:15pm.  
Open - All levels: 6:30-7:30pm.

**Saturdays:** Open-Intermediate: 9:30-10:30am.  
Advanced: 10:45-11:45am.

## CHILDREN'S CLASSES

6 to 16 yrs old

**Sunday Mornings 9:00 -10:00am**

*Sign-up anytime for on-going classes.*

*We are directly affiliated with:*

### AIKIDO WORLD HEADQUARTERS

Aikido So-Hombu Dojo - Aikikai

17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, JAPAN

*We are committed to the study and practice of the teachings of the Founder of Aikido, Morihei Ueshiba and his legitimate successors, Kisshomaru Ueshiba and the present Moriteru Ueshiba Doshu.*

## Aikido Center of Los Angeles

940 E. 2nd St. #7, Little Tokyo,

Los Angeles, CA 90012

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[www.aikidocenterla.com](http://www.aikidocenterla.com)

# Iaido TRAINING SCHEDULE

## TRADITIONAL JAPANESE IAIDO SWORDSMANSHIP

**Saturdays:** 7:15-8:15am Beginning.  
8:15-9:15am Intermediate-Advanced.

**Sundays:** 7:45am-8:45am.

**Thursdays:** 6:30-7:30pm (Bokken).

*No Classes on the last weekend of the month.*

**Private Classes Available.**

## No Appointment Necessary To Join:

You are welcome to visit us anytime during our Open and Beginning Classes. Signing up for classes is very easy and only takes a few minutes. We accept personal checks, MO and cash. Please bring valid ID such as your driver's license and the name of your insurance company. Welcome!

## Finding Our Dojo:

*We are endeavoring to maintain the highest standards of training while preserving the True Spirit of Aikido. We hope you will appreciate our efforts and undertake your training with devoted and committed energy. Your efforts, we believe, will be greatly rewarded. We welcome you to an ancient and profound art. We welcome you to our Dojo.*



We are convenient to most major freeways. Enter private lane at Vignes and 2nd Streets. We are one block west of Santa Fe Ave. and several blocks east of Alameda in Little Tokyo. The **Easiest Way:** From Alameda go east on 1st St and make a right turn at Vignes. Do not turn on 2nd St. but go straight into the private lane.